

MARCH 2017

High School Lunch



MONDAY

DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Spicy Chicken Tenders
Chili Cheese Nachos
Pinto Beans
Cornbread
Tossed Salad w/
Lite Ranch Dressing
Pineapple

2
Chicken Tetrazzini
Cheese Pizza
Chicken Nuggets
Wheat Roll
Sweet Potato Fries
English Peas
Mixed Fruit

3
Cheeseburger
Pepperoni Pizza
Cheese Pizza
Tator Tots
Tossed Salad w/
Lite Ranch Dressing
Dill Pickle Slices
Pears

6
Fish Sticks
Teriyaki Dippers
Cheese Pizza
Chicken Nuggets
Rice
Wheat Roll
Sweet Potato Fries
Steamed Broccoli
Applesauce

7
Steak Fingers
Chicken Spaghetti
Cheeseburger
Chicken Nuggets
Green Beans
Mashed Potatoes
Peaches
Sugar Cookie

8
Nacho Supreme
Spanish Rice
Spicy Chicken Tenders
Refried Beans
Tossed Salad w/
Lite Ranch Dressing
Mandarin Oranges

9
Cheese Pizza
Lasagna
Chicken Nuggets
Country Trio Blend
Bread Sticks
Orange

10
Tator Tots w/
Chili & Cheese
Pepperoni Pizza
Cheese Pizza
Corn
Cucumber Slices w/
Lite Ranch Dressing
Tortilla
Banana Brownies
Peaches

13

14

15

16

17

SPRING BREAK

20
Chicken Nuggets
Corndog
Cheese Pizza
Sliced Bread
Green Beans
Ranch Style Beans
Mixed Fruit Cup

21
Spaghetti w/
Spaghetti Sauce
Pepperoni Pizza
Chicken Nuggets
Green Beans
Fresh Carrots &
Broccoli w/
Lite Ranch Dressing
Applesauce

22
Nacho w/
Chili & Cheese
Pepperoni Pizza
Spicy Chicken Tenders
Cornbread
Corn
Tossed Salad w/
Lite Ranch Dressing
Peaches

23
Steak Fingers
Mexican Pasta Bake
Chicken Nuggets
Mashed Potatoes
Steamed Broccoli
Pears
Chocolate Cake

24
Cheeseburger
Pepperoni Pizza
Cheese Pizza
Chicken Patty on
a bun
Pulled Pork Sandwich
Oven Fries
Dill Pickle Slices
Tossed Salad w/
Lite Ranch Dressing
Strawberry Cup

27
Chicken Nuggets
Corndog
Cheese Pizza
Sliced Bread
Green Beans
Corn
Peaches

28
Pepperoni Pizza
Hot Ham & Cheese
Sandwich
Cheeseburger
Chicken Nuggets
Vegetable Chicken Soup
Baby Carrots w/
Lite Ranch Dressing
Peach Cobbler

29
Nacho Supreme
Spanish Rice
Spicy Chicken Tenders
Pinto Beans
Tossed Salad w/
Lite Ranch Dressing
Pineapple

30
Chicken Nuggets
Spaghetti w/
Spaghetti Sauce
Cheese Pizza
Wheat Roll
Mashed Potatoes
Steamed Broccoli
Fresh Apple

31
Hot Dog/Chili Dog
Chicken Patty on
a Bun
Cheese Pizza
Tator Tots
Sweet Potato Fries
Cucumber Slices w/
Lite Ranch Dressing
Applesauce

MILK FACTS

Milk is filled with Vitamin D, which helps your body absorb the calcium from the milk that it needs!

1% White Milk, Fat Free Chocolate Milk, and Fat Free Strawberry Milk are offered to all students at lunch daily.

A LA CARTE

The following items are sold

A la Carte in the Elementary Schools:

- Juice
- Bottled Water
- 100% Juice
- Slushies
- Pudding Cups
- Rice Krispies Treat
- Kraves
- Blue Bunny Ice Cream
- Goldfish

PLEASE NOTE

Menus are subject to change without notice.