
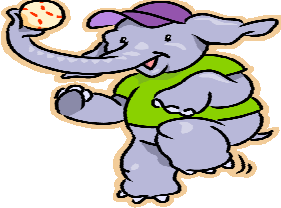

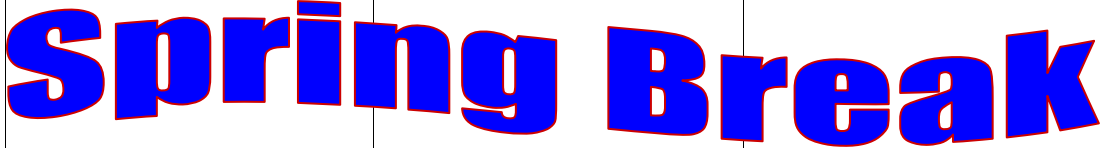



March 2017 San Angelo Independent School District Head Start/Early Head Start Breakfast, Lunch & Snack Menus

Menu Subject to Change

Visit www.saisd.org for monthly menus

Mon	Tue	Wed	Thu	Fri
		1 Cinnamon Toast Fruit Juice, Milk Chicken BBQ Sandwich, Zucchini Pinto Beans, Milk Snack: Cereal, Milk	2 Pancakes Fruit Juice, Milk Salisbury Steak, Mashed Potatoes Green Peas, Roll, Milk Snack: Snack Crackers, Milk	3 Oatmeal Fruit Juice, Milk Deli Sandwich, Tator Tots Sliced Apples, Milk Snack: Fresh Fruit, Cheese Snack
6 Muffin Fruit Juice, Milk Fish Sticks, Broccoli Corn, Milk Snack: Yogurt, Bananas	7 Cereal Fruit Juice, Milk Chicken & Pasta Alfredo, Mixed Fruit Italian Blend, Milk Snack: Snack Crackers, Milk	8 Biscuit w/ Jelly Fruit Juice, Milk Chile Con Carne, Peaches Carrots, Corn Muffins, Milk Snack: Cereal, Milk	9 French Toast Sticks Fruit Juice, Milk Grilled Chicken, Peas & Carrots Pineapple, Roll, Milk Snack: Snack Crackers, Milk	10 Oatmeal Fruit Juice, Milk Hamburger on Bun, Oven Fries Pears, Milk Snack: Fresh Fruit, Cheese Snack
13 				17 
20 English Muffin w/ Cheese Fruit Juice, Milk Steak Fingers, Green Beans Mashed Potatoes, Milk Snack: Yogurt, Bananas	21 Cereal Fruit Juice, Milk Beef Stroganoff w/ noodles, Carrots Broccoli, Milk Snack: Snack Crackers, Milk	22 Toast w/ Jelly Fruit Juice, Milk Chicken Fajitas, Tortilla, Peaches Refried Beans, Milk Snack: Cereal, Milk	23 Sausage on a Bun Fruit Juice, Milk Pork Ribbette, Green Beans Pears, Roll, Milk Snack: Snack Crackers, Milk	24 Oatmeal Fruit Juice, Milk Grilled Cheese Sandwich, Apples Beef Veg Soup, Milk Snack: Fresh Fruit, Cheese Snack
27 Muffin Fruit Juice, Milk Chicken Nuggets, Zucchini Mashed Potatoes, Milk Snack: Yogurt, Bananas	28 Cereal Fruit Juice, Milk Pasta w/ Meat Sauce, Pears Italian Blend, Milk Snack: Snack Crackers, Milk	29 Biscuit w/gravy Fruit Juice, Milk Beef Nachos, Peaches Pinto Beans, Milk Snack: Cereal, Milk	30 Scrambled Eggs, Tortilla Fruit Juice, Milk Baked Ham, Pasta Green Peas, Pineapple, Milk Snack: Snack Crackers, Milk	31 Oatmeal Fruit Juice, Milk Hamburger on a bun, Oven Fries Orange Wedges, Milk Snack: Fresh Fruit, Cheese Snack

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