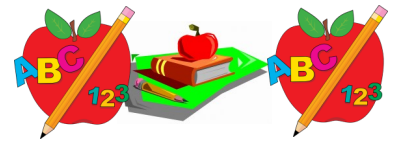




Lincoln Unified School District Child Nutrition Services August & September, 2021



Menus subject To Change Depending On Product Availability

Vegetarian options are available upon request if not on the menu for that day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>With every meal students have a choice of 1/2 pint 1% low-fat white milk or 1/2 pint non-fat white or chocolate milk.</i></p> <p><i>Since salad bars are not available at this time, required amounts of fruits & vegetables will be pre-packaged and distributed with the student's choice of entrée.</i></p>			5	6
			Cheeseburger On a Bun Chicken, Turkey Ham & Two Cheese Sandwich w/Chips	Crispy Chicken Tenders Pepperoni Pizza
9	10	11	12	13
Cheesy Max Stix Beef & Cheese Taco Stick	Hamburger On a Bun Wow Butter & Jelly Sandwich	Chicken Nuggets Turkey Ham & Cheese On a Croissant w/Chips	Cheeseburger Macaroni Bowl Corn Dog	Bean & Cheese Burrito Cheese Pizza
16	17	18	19	20
Popcorn Chicken Cheeseburger Sliders	Chicken Tamale Grilled Cheese Sandwich	BBQ Beef Rib Sandwich On a Roll Corn Dog	Cheeseburger On a Bun Chicken, Turkey Ham & Two Cheese Sandwich w/Chips	Crispy Chicken Tenders Pepperoni Pizza
23	24	25	26	27
Cheesy Max Stix Beef & Cheese Taco Stick	Hamburger On a Bun Wow Butter & Jelly Sandwich	Chicken Nuggets Turkey Ham & Cheese On a Croissant w/Chips	Cheeseburger Macaroni Bowl Corn Dog	Bean & Cheese Burrito Cheese Pizza
30	31	September 1	2	3
Popcorn Chicken Cheeseburger Sliders	Chicken Tamale Grilled Cheese Sandwich	BBQ Beef Rib Sandwich On a Roll Corn Dog	Cheeseburger On a Bun Chicken, Turkey Ham & Two Cheese Sandwich w/Chips	Crispy Chicken Tenders Pepperoni Pizza
LABOR DAY—NO SCHOOL 6	7	8	9	10
	Hamburger On a Bun Wow Butter & Jelly Sandwich	Chicken Nuggets Turkey Ham & Cheese On a Croissant w/Chips	Cheeseburger Macaroni Bowl Corn Dog	Bean & Cheese Burrito Cheese Pizza
13	14	15	16	17
Popcorn Chicken Cheeseburger Sliders	Chicken Tamale Grilled Cheese Sandwich	BBQ Beef Rib Sandwich On a Roll Corn Dog	Cheeseburger On a Bun Chicken, Turkey Ham & Two Cheese Sandwich w/Chips	Crispy Chicken Tenders Pepperoni Pizza
20	21	22	23	24
Cheesy Max Stix Beef & Cheese Taco Stick	Hamburger On a Bun Wow Butter & Jelly Sandwich	Chicken Nuggets Turkey Ham & Cheese On a Croissant w/Chips	Cheeseburger Macaroni Bowl Corn Dog	Bean & Cheese Burrito Cheese Pizza
27	28	29	30	
Popcorn Chicken Cheeseburger Sliders	Chicken Tamale Grilled Cheese Sandwich	BBQ Beef Rib Sandwich On a Roll Corn Dog	Cheeseburger On a Bun Chicken, Turkey Ham & Two Cheese Sandwich w/Chips	

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Muffin Top OR Assorted Cereal Fresh or Canned Fruit 100% Fruit Juice Milk	Mini Maple Pancakes OR Assorted Cereal Fresh or Canned Fruit 100% Fruit Juice Milk	Breakfast Pizza Bagel OR Assorted Cereal Fresh or Canned Fruit 100% Fruit Juice Milk	Mini Apple Bites OR Assorted Cereal Fresh or Canned Fruit 100% Fruit Juice Milk	Beef Maple Sausage Breakfast Sandwich OR Assorted Cereal Fresh or Canned Fruit 100% Fruit Juice Milk

This 2021-22 school year, the USDA has given approval for schools to offer breakfast & lunch meals **FREE** to all enrolled students. This is a wonderful opportunity for students to explore meals the Child Nutrition Staff have prepared for them.

Even though meals are currently free, we urge you to apply for the Free/Reduced Meal Program. Completing a meal application has benefits beyond food—check it out!

SCHOOL MEALS

Although meals are free this 2021-22 school year, those eligible for the program will receive a discount on breakfast and lunch meals for the first 30 days of the 2022-23 school year.

SCHOOL FUNDING

Increased funding to ensure students receive the support they need at school.

PG&E

Programs that provide customers discounts on gas and/or electric bills

INTERNET ACCESS

Discount on home internet access.

COLLEGE APP FEES

Discount on fees associated with applying to college.

SAT, ACT, AP FEES

Discount on fees for college prep tests.

Please Submit An Online Application Today!

In addition to accessing MealTime Online to make credit card or ATM deposits on your student's cafeteria account, Lincoln Unified School District has chosen MealTime Online to provide the opportunity for you to create and submit Free and Reduced Meal Applications.

To Use MealTime Online:

Go directly to: www.mymealtime.com.

Step 1: Create a MealTime Online parent account. (if you don't already have one)

Click on the "Create new account" link and enter a Username and Password that you will use to login to MealTime Online. The Username and Password must be at least 6 characters.

For Example: Username: jsmith
Password: pty845

Step 2: Add your student.

Login to your MealTime Online account (using the Username and Password that you created in Step 1), click on the "Add New Student" link, and add your student by entering their first name as enrolled. Then enter your **PassCode**. Your **PassCode** is your student's ID#. You can get this number from your student's records, your school office, or the Child Nutrition Services Office.

*For your student's security, please keep this **PassCode** confidential.*

Step 3: Apply Online.

Click on the "Free & Reduced Application" button and follow the wizard to create your application. You will need your student's first name and Student ID# (same **PassCode** as above) to proceed. You will receive notification regarding the determination of the application within 10 business days.

OR

Step 4: Make a Deposit.

Click on the "Make Deposit" link to make a deposit into a school account. Click on the "View Details" link next to your student's name to view their cafeteria account balance and purchase history.

*If you need any help, please contact the
Child Nutrition Services Office at 953-8655.*

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442;
- (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer and lender.