


# Middle School Menu

FALL 2021

 Vegetarian  
 \*Contains Pork




Feeding Hungry Minds




## BREAKFAST

all breakfast meals come with a choice of fruit, juice and milk

MON	TUES	WED	THURS	FRI
Double Chocolate Muffin 	Buttery Maple Waffle 	Yogurt Parfait 	Cinnamon Roll 	Strawberry Pop-Tart 
Breakfast Pizza Stick*	Sausage & Cheese English Muffin*	Breakfast Pizza Stick*	Ham & Cheese Croissant	Breakfast Pizza Stick*

**DAILY BREAKFAST OPTIONS**



- Pan Dulce 
- Warm Bagel served with cream cheese 
- Assorted Cereal & String Cheese 

## LUNCH

M	T	W	T	F
Popcorn Chicken Bowl	Taco Nachos		BBQ Rib Sandwich	Chicken Taquitos
Cheesy Pull-Apart Bread 	Bean & Cheese Nachos 	Grilled Cheese Sandwich 	Bean & Cheese Burrito 	Cheesy Pull-Apart Bread 
 Pepperoni Pizza* Cheese Pizza	 Pepperoni Pizza* Cheese Pizza		 Pepperoni Pizza* Cheese Pizza	 Pepperoni Pizza* Cheese Pizza

all lunch meals come with a choice of fruit, vegetable and milk

**DAILY LUNCH OPTIONS**

- Chicken Sandwich  
Regular or Spicy
- Cheeseburger
- Veggie Burger



Menu Subject to Change without Notice

**FRESH & Fit** 

Options alternate each week

**Chicken Caesar Salad**

**Turkey & Cheese Hoagie with SunChips**

This institution is an Equal Opportunity Provider