



Feeding Hungry Minds

# High School Menu

# NOVEMBER 2021

## Daily Lunch Specials

\*Pork  
Vegetarian

Monday Tuesday Wednesday Thursday Friday

**Oct 25**  
**Breakfast for Lunch**  
French Toast Sticks  
Scrambled Eggs  
Sausage Patty\*  
Tater Tots

**Oct 26**  
**Wok On!**  
Teriyaki Chicken  
Orange Chicken  
Asian Noodles  
Steamed Vegetables

**Oct 27**  
**Enchilada Style Burrito**  
Spanish Rice  
Mexicali Corn

**Oct 28**  
**Popcorn Chicken**  
Popcorn Chicken  
Mashed Potatoes  
Cut Corn  
Biscuit

**Oct 29**  
**Roll With It**  
Carnitas\*  
Chicken Fajita  
Cilantro Lime Rice  
Pinto Beans

**Nov 1**  
**Fugettaboutit!**  
Chicken Parmesan Sandwich  
-or-  
Meatball Sub  
Garlic Fries

**Nov 2**  
**Homestyle Fav**  
Lemon Garlic Chicken  
BBQ Roasted Chicken  
Mashed Potatoes  
Cut Corn  
Combread Muffin

**Nov 3**  
**It's Just Nacho Day!**  
Seasoned Taco Meat  
Refried Beans  
Nacho Cheese  
Tortilla Chips

**Nov 4**  
**BYO Burger**  
Beef Burger Patty  
Assorted Toppings  
& Sauces  
Seasoned Fries

**Nov 5**  
**Just Wing It!**  
Boneless Wings  
Choice of Sauce  
Seasoned Fries  
Garlic Breadstick

**Nov 8**  
**Let's Be Frank**  
Hot Dog with  
Assorted Topping  
BBQ Baked Beans

**Nov 9**  
**Wok On!**  
Teriyaki Chicken  
Sweet Thai Chili Chicken  
Fried Rice  
Steamed Vegetables

**Nov 10**  
**Pick'n Chick'n**  
Nashville Hot Chicken  
-or-  
Grilled Chicken  
Assorted Toppings  
Seasoned Fries

**Nov 11**  
**No School**

**Nov 12**  
**Flatbread Pizza**  
Pepperoni  
-or-  
Cheese  
Tossed Caesar Salad

**Nov 15**  
**Da'Pastabilities**  
Alfredo - Marinara  
Chicken - Beef  
Seasoned Broccoli  
Garlic Breadstick

**Nov 16**  
**Backyard BBQ**  
BBQ Pork Sandwich\*  
BBQ Chicken Sandwich  
Cowboy Beans  
Golden Corn

**Nov 17**  
**Lets Taco'bout it**  
Crispy Tacos  
Fiesta Rice  
Refried Beans

**Nov 18**  
**Turkey Dinner**  
Roasted Turkey & Gravy  
Mashed Potatoes  
Corn  
Dinner Roll

**Nov 19**  
**Chix & Waffles**  
Chicken Tenders  
Maple Waffles  
Southern Green Beans

### Daily Vegetarian Options

**MONDAY**  
Bean & Cheese  
Burrito

**TUESDAY**  
Cheesy Pull-Apart  
Bread

**WEDNESDAY**  
Veggie Burger

**THURSDAY**  
Grilled Cheese  
Sandwich

**FRIDAY**  
Bean & Cheese  
Burrito

This institution is an Equal Opportunity Provider

## BREAKFAST

Monday  
Sausage & Cheese Bagel\*

Tuesday  
Buttery Maple Waffle

Wednesday  
Ham & Cheese Croissant\*

Thursday  
Fresh Baked Cinnamon Roll

Friday  
Breakfast Burrito \*

- Available Daily -

Breakfast Pizza Stick\*  
Pan Dulce

Yogurt Parfait  
Assorted Cereal with String Cheese  
Bagel & Cream Cheese

## LUNCH ESSENTIALS

Available Daily



Chicken Sandwich  
Spicy or Regular

Cheeseburger

Chicken Tenders with a Garlic Breadstick



Available Daily

Week 1 & 3

Chicken Caesar Salad  
with a Dinner Roll

Week 2 & 4

Asian Chicken Salad  
with Dinner Roll

Options alternate weekly

ALL MEALS COME WITH

BREAKFAST: FRUIT, JUICE & CHOICE OF MILK

LUNCH: FRUIT, VEGETABLE & CHOICE OF MILK

Menu Subject to Change without Notice