



Feeding Hungry Minds

High School Menu

SEPTEMBER 2021

Daily Lunch Specials

*Pork
Vegetarian

Monday Tuesday Wednesday Thursday Friday

	Aug 31 Neato Burrito Enchilada Style Burrito Fiesta Rice Mexicali Corn	Sept 1 Breakfast for Lunch French Toast Sticks Scrambled Eggs Sausage Patty* Tater Tots	Sept 2 Popcorn Chicken Popcorn Chicken Mashed Potatoes Green Beans Biscuit	Sept 3 No School
Sept 6 No School Labor Day Holiday	Sept 7 Fugettaboutit! Chicken Parmesan Sandwich -or- Meatball Sub Garlic Fries	Sept 8 It's Just Nacho Day! Seasoned Taco Meat Refried Beans Nacho Cheese Tortilla Chips	Sept 9 Homestyle Fav Lemon Garlic Chicken BBQ Roasted Chicken Mashed Potatoes Cut Corn Cornbread Muffin	Sept 10 Flatbread Pizza Pepperoni - or - Cheese Tossed Caesar Salad
Sept 13 Da'Pastabilities Alfredo - Marinara Chicken - Beef Seasoned Broccoli Garlic Breadstick	Sept 14 Wok On! Shaken Beef Orange Chicken Fried Rice - Noodles Steamed Vegetables	Sept 15 Roll With It Carnitas* Chicken Fajita Cilantro Lime Rice Pinto Beans	Sept 16 Backyard BBQ BBQ Pulled Pork* BBQ Roasted Chicken Cowboy Beans Golden Corn	Sept 17 Just Wing It! Boneless Wings Choice of Sauce Seasoned Fries Garlic Breadstick
Sept 20 Chix & Waffles Chicken Tenders Mini Waffles Southern Green Beans	Sept 21 Wok On! Beef & Broccoli Teriyaki Chicken Fried Rice - Noodles Steamed Vegetables	Sept 22 Lets Taco'bout it Crispy Tacos Fiesta Rice Refried Beans	Sept 23 BYO Burger Beef Burger Patty Assorted Toppings & Sauces Seasoned Fries	Sept 24 FryDay! Seasoned Fries Chili, Cheddar, Jalapeno, Bacon Bits* & Fry Sauce Cornbread Muffin

Daily Vegetarian Options

MONDAY
Bean & Cheese Burrito

TUESDAY
Cheesy Pull-Apart Bread

WEDNESDAY
Grilled Cheese Sandwich

THURSDAY
Cheesy Pull-Apart Bread

FRIDAY
Bean & Cheese Burrito

BREAKFAST

Monday

Sausage & Cheese Bagel*

Tuesday

Buttery Maple Waffle

Wednesday

Bacon, Egg & Cheese Croissant*

Thursday

Fresh Baked Cinnamon Roll

Friday

Breakfast Burrito *

- Available Daily -

Breakfast Pizza Stick*

Pan Dulce

Yogurt Parfait

Assorted Cereal with String Cheese

Bagel & Cream Cheese

LUNCH ESSENTIALS Available Daily



Chicken Sandwich

Spicy or Regular

Cheeseburger

Chicken Tenders with a Garlic Breadstick



Available Daily

Week 1 & 3

Chicken Caesar Salad with a Dinner Roll

Week 2 & 4

Asian Chicken Salad with a Dinner Roll

Options alternate weekly

ALL MEALS COME WITH

BREAKFAST: FRUIT, JUICE & CHOICE OF MILK

LUNCH: FRUIT, VEGETABLE & CHOICE OF MILK

Menu Subject to Change without Notice

This institution is an Equal Opportunity Provider