



# FEBRUARY 2021

Meals provided at  
**NO COST**  
to all students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> <u>Breakfast</u> Double Chocolate Muffin ♪</p> <p><u>Lunch</u> Chicken Nuggets &amp; Fries Dinner Roll</p>	<p><b>2</b> <u>Breakfast</u> Yogurt &amp; Cinnamon Grahams ♪</p> <p><u>Lunch</u> Taco Nada</p>	<p><b>3</b> <u>Breakfast</u> Mini Bagels filled with Strawberry Cream Cheese ♪</p> <p><u>Lunch</u> Corn Dog</p>	<p><b>4</b> <u>Breakfast</u> Egg, Cheese &amp; Chorizo Breakfast Burrito</p> <p><u>Lunch</u> Classic Hamburger Baked Beans</p>	<p><b>5</b> <u>Breakfast</u> Cinnamon Roll ♪</p> <p><u>Lunch</u> Cheese Pizza ♪</p>
<p><b>8</b> Lincoln's Birthday- No School</p> 	<p><b>9</b> <u>Breakfast</u> Turkey Sausage Pancake Wrap</p> <p><u>Lunch</u> Rotini Pasta &amp; Meat sauce Dinner Roll</p>	<p><b>10</b> <u>Breakfast</u> Apple Frudel ♪</p> <p><u>Lunch</u> Crispy Chicken Sandwich Sliders</p>	<p><b>11</b> <u>Breakfast</u> Bagel with Cream Cheese ♪</p> <p><u>Lunch</u> Pepperoni Pizza</p>	<p><b>12</b> <u>Breakfast</u> Pan Dulce ♪ Strawberry Milk</p> <p><u>Lunch</u> Bean &amp; Cheese Burrito ♪ Valentine's Day Heart Cookie</p>
<p><b>15</b> Presidents' Holiday- No School</p> 	<p><b>16</b> <u>Breakfast</u> Chocolate Chip Oatmeal Bar ♪</p> <p><u>Lunch</u> Macaroni &amp; Cheese Dinner Roll Presidents Day Snack Crackers</p>	<p><b>17</b> <u>Breakfast</u> Sunrise Sausage Sandwich Ⓜ</p> <p><u>Lunch</u> Deli Sandwich on Artisan Roll</p>	<p><b>18</b> <u>Breakfast</u> Mini Blueberry Pancakes ♪</p> <p><u>Lunch</u> BBQ Rib Sandwich</p>	<p><b>19</b> <u>Breakfast</u> Cheese Pizza Bagel ♪</p> <p><u>Lunch</u> Grilled Cheese Sandwich ♪</p>
<p><b>22</b> <u>Breakfast</u> Double Chocolate Muffin ♪</p> <p><u>Lunch</u> Chicken Nuggets &amp; Fries Dinner Roll</p>	<p><b>23</b> <u>Breakfast</u> Yogurt &amp; Cinnamon Grahams ♪</p> <p><u>Lunch</u> Taco Nada</p>	<p><b>24</b> <u>Breakfast</u> Mini Bagels filled with Strawberry Cream Cheese ♪</p> <p><u>Lunch</u> Corn Dog</p>	<p><b>25</b> <u>Breakfast</u> Egg, Cheese &amp; Chorizo Breakfast Burrito</p> <p><u>Lunch</u> Classic Hamburger Baked Beans</p>	<p><b>26</b> <u>Breakfast</u> Cinnamon Roll ♪</p> <p><u>Lunch</u> Cheese Pizza ♪</p>



♪ = Meatless Entree  
Ⓜ = Contains Pork

This institution is an Equal  
Opportunity Provider  
*Menus subject to change without notice*

Breakfast: Served on Site  
Lunch: Sent home with students to heat & enjoy at home  
*All meals come with fruit, vegetable and 1% white milk*

## Guidance on storage, cooking and reheating of food



- Foods requiring refrigeration need to be kept at a temperature of 41F or below
- When thawing frozen foods, thaw under refrigeration
- Entrees that require heating (ex: Breakfast Sandwich, Grilled Cheese, Burrito, Corn Dogs, etc.) should be stored in the refrigerator until ready to heat & consume. Store in refrigerator for no longer than 5 days. Heat items containing meat/cheese to 165F. Consume within 2 hours of heating.
- Warm grain-based breakfast breads such as cinnamon rolls, pancakes or pastries for best flavor— be careful as breakfast breads with fruit filling can become extremely hot.

Visit [www.pylusdnutrition.org](http://www.pylusdnutrition.org) to download our complete "Meal Storage & Heating Instructions"

### WHY YOU SHOULD TAKE ADVANTAGE OF THE FREE SCHOOL MEALS BEING OFFERED:

- The USDA is covering the cost of meals through June 2021.
- You are not taking the meals away from someone who needs them more— they are for **ALL** Students!
- School Meals are comforting and familiar to your kids.
- Save time on meal prepping.
- It's confidential and not just for low income families.
- You're helping your school district food service program stay financially afloat.

**PYUSD Nutrition Services is offering FREE meals to all student.**

**Visit the Nutrition Services website for more information**

**[www.pylusdnutrition.org](http://www.pylusdnutrition.org)**