



# PYLUSD Summer Meal Service Menu June 2020



Feeding Hungry Minds

☯ = Meatless Entree    ⌘ = Contains Pork

Meal Pick-up Mondays 9:00am-11:00am		Meal Pick-up Wednesdays 9:00am-11:00am		
Monday	Tuesday	Wednesday	Thursday	Friday
<b>15</b> <b>Breakfast</b> Pan Dulce ☯ Fruit & Milk  <b>Lunch</b> Cheesy Breadsticks with Marinara ☯ Fruit, Vegetable & Milk	<b>16</b> <b>Breakfast</b> Pancake on a Stick Fruit & Milk  <b>Lunch</b> Hamburger Fruit, Vegetable & Milk	<b>17</b> <b>Breakfast</b> Double Chocolate Muffin ☯ Fruit & Milk  <b>Lunch</b> Bean & Cheese Dip with Whole Grain Tortilla Chips ☯ Fruit, Vegetable & Milk	<b>18</b> <b>Breakfast</b> Sunrise Sausage Sandwich ⌘ Fruit & Milk  <b>Lunch</b> Corn Dog Fruit, Vegetable & Milk	<b>19</b> <b>Breakfast</b> Mini Breakfast Bites ☯ Fruit & Milk  <b>Lunch</b> Texas Cheese Toast ☯ Fruit, Vegetable & Milk
<b>22</b> <b>Breakfast</b> Wheat Bagel ☯ Fruit & Milk  <b>Lunch</b> Bean & Cheese Burrito ☯ Fruit, Vegetable & Milk	<b>23</b> <b>Breakfast</b> Mini Blueberry Pancakes ☯ Fruit & Milk  <b>Lunch</b> Taco Nada Fruit, Vegetable & Milk	<b>24</b> <b>Breakfast</b> Turkey Sausage, Egg & Cheese Wrap Fruit & Milk  <b>Lunch</b> Three Cheese Pasta ☯ Fruit, Vegetable & Milk	<b>25</b> <b>Breakfast</b> Cereal & String Cheese ☯ Fruit & Milk  <b>Lunch</b> BBQ Rib Sandwich Fruit, Vegetable & Milk	<b>26</b> <b>Breakfast</b> Honey Bun ☯ Fruit & Milk  <b>Lunch</b> Personal Pepperoni Pizza ⌘ Fruit, Vegetable & Milk
<b>29</b> <b>Breakfast</b> Pan Dulce ☯ Fruit & Milk  <b>Lunch</b> Cheesy Breadsticks with Marinara ☯ Fruit, Vegetable & Milk	<b>30</b> <b>Breakfast</b> Pancake on a Stick Fruit & Milk  <b>Lunch</b> Hamburger Fruit, Vegetable & Milk	<b>July 1</b> <b>Breakfast</b> Double Chocolate Muffin ☯ Fruit & Milk  <b>Lunch</b> Bean & Cheese Dip with Whole Grain Tortilla Chips ☯ Fruit, Vegetable & Milk	<b>July 2</b> <b>Breakfast</b> Sunrise Sausage Sandwich ⌘ Fruit & Milk  <b>Lunch</b> Corn Dog Fruit, Vegetable & Milk	<b>July 3</b> <b>Breakfast</b> Mini Breakfast Bites ☯ Fruit & Milk  <b>Lunch</b> Texas Cheese Toast ☯ Fruit, Vegetable & Milk

Free meals are available to all children 18 years and under

## Drive-Thru Meal Service is available at

- » George Key School
- » Valencia High School
- » Topaz Elementary
- » Rio Vista Elementary
- » Melrose Elementary (off La Jolla)



Menus subject to change without notice  
This institution is an Equal Opportunity Provider

# FREE GRAB & GO MEALS

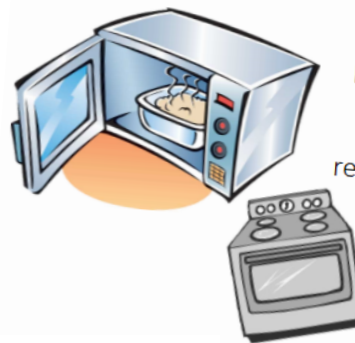


Drive-Thru Summer Meal Service  
Is available  
**MONDAYS AND WEDNESDAYS**  
from 9:00am-11:00am



- \* **Free Meals - ANY child 18 & under**
- \* **Meals are to be consumed off site**
- \* **Walk-up available**
- \* **Monday service— breakfast & lunch meals available for Monday - Tuesday**
- \* **Wednesday service— breakfast & lunch meals available for Wednesday -Friday**

## HEATING INSTRUCTIONS FOR FOOD SAFETY



## HEAT IT BEFORE YOU EAT IT

Before you enjoy your meal, please heat using a microwave or oven. It is highly recommended to use a food thermometer to ensure temperatures are met.

Meatless Entrée: 140°F  
Entrée Containing Meat 165°F

## KEEP IT COOL

If you are not going to eat your meal immediately, put it in the fridge as soon as possible.

