



Feeding Hungry Minds

PYUSD Nutrition Services

Middle School Winter Menu

Student Price:

Breakfast \$1.50

Lunch \$3.00

Adult Price:

Breakfast \$2.75

Lunch \$ 4.50

FRESH Start


Daily Breakfast Specials

Served Daily Pan Dulce -- Yogurt Parfait -- Bagel with Cream Cheese -- Assorted Cereal served with string cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Double Chocolate Chip Muffin Or Breakfast Pizza Stick	Mini Breakfast Bites Or Pancake Breakfast Sandwich	Cinnamon Roll Or Breakfast Pizza Stick	French Toast Stick Or Egg & Cheese Croissant	Strawberry Poptart Or Breakfast Pizza Stick

Daily Lunch Specials

THE GRILL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Nuggets -N-Fries	Cheese Sticks W/ Marinara	Spicy Tenders -N-Tots	BBQ Pork Rib Sandwich	Bacon Cheeseburger
Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
 Cheese Pizza & Pepperoni Pizza		 Cheese Pizza & Pepperoni Pizza		 Cheese Pizza & Pepperoni Pizza

Vegetarian Option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nachos w/ Beans & cheese	Cheese Sticks with Marinara	Cheese Quesadilla	Grilled Cheese	B-4 The Burger

In The Bowl

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nachos Tortilla Chips Seasoned Taco Meat Refried Beans Shredded Cheddar	Meatloaf Mashed Potato Green Beans Garlic Breadstick	Southwest Chicken Bowl Chicken w/ Green Chile Cilantro Lime Rice Black Beans Corn	Teriyaki Chicken Broccoli Lucky Fried Rice	Popcorn Chicken Bowl Crispy Popcorn Chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit

Alternating Weekly:

* Chef Salad or Turkey & Cheese Hoagie

* Cranberry Chicken Salad or Ham & Cheese Hoagie

Available Daily:

Bento Boxes -
Mediterranean or Protein

FRESH & FIT

Fresh Salads and Sandwich Specials



Fresh Salad Program



Order fresh made to order custom Salads and Sandwiches online ahead of time and pick up at school.

www.pyusdnutrition.org/Menus

All Meals are served with choice of Fat Free Chocolate or 1% White Milk and choice of Fresh Fruit & Veggies

USDA and this Institution are Equal Opportunity Providers and Employers.