



Feeding Hungry Minds

PYUSD Nutrition Services Middle School Menu

Fresh Start

Student Breakfast \$1.50

Pan Dulce, Yogurt Parfait, Bagel w/ Cream Cheese or Assorted Cereal served w/ String Cheese

Daily Breakfast Specials

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Double Chocolate Chip Muffin Or Breakfast Pizza Stick	Breakfast Twin Bar Or Pancake Wrap	Cinnamon Roll Or Breakfast Pizza Stick	Mini-Pancakes Or Sausage Biscuit	Strawberry Poptart Or Breakfast Pizza Stick

Lunch Specials

Student Lunch \$3.00



THE GRILL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Parm Sandwich	Chicken Nuggets -N-Fries	Hot Dog	Bacon Cheeseburger	Chicken Quesadilla
Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich
Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito	Bean & Cheese Burrito
Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger	Cheeseburger
 Cheese Pizza & Pepperoni Pizza		 Cheese Pizza & Pepperoni Pizza		 Cheese Pizza & Pepperoni Pizza

Vegetarian Option

Mac & Cheese	Nachos w/ Beans & cheese	Grilled Cheese	B-4 The Burger	Cheese Quesadilla
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In The Bowl

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac & Cheese Garlic Breadstick	Nachos Tortilla Chips Seasoned Taco Meat Refried Beans Shredded Cheddar	Wk 1 Teriyaki Chicken Wk 2 Orange Chicken Broccoli Lucky Fried Rice	Breakfast for Lunch French Toast Sticks Sausage Links Tater Tots	Popcorn Chicken Bowl Crispy Popcorn Chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit

SALADS/WRAP/SANDWICH

Week 1 - Chinese Chicken Salad/
Ham & Cheese Hoagie
Week 2 - Chicken Caesar Salad/ Buffalo
Chicken Wrap

FRESH & FIT

Fresh Salads and Wrap Specials



Fresh Salad Program



Order fresh made to order custom Salads and Sandwiches online ahead of time and pick up at school.
www.pyusdnutrition.org/Menus

Bento Boxes - Mediterranean or Protein Pack

All Meals are served with choice of Fat Free Chocolate Milk or 1% Milk

All Meals are served with choice of Fresh Fruit & Veggies

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