



Feeding Hungry Minds

High School Menu

August 2019

Rise & Shine

Available Daily for Breakfast

- Cinnamon Roll
- Pan Dulce
- Bagel & Cream Cheese
- Yogurt Parfait
- Bosco Stick
- Assorted Cereal w/ String Cheese

Daily Breakfast Specials

- | | |
|------------------|-------------------------|
| <i>Monday</i> | Scrambler Bowl |
| <i>Tuesday</i> | Dutch Waffle w/ Sausage |
| <i>Wednesday</i> | Pancake Wrap |
| <i>Thursday</i> | English Muffin Sandwich |
| <i>Friday</i> | Breakfast Burrito |

What's for Lunch

The GRILL

- | | |
|------------------|----------------------------|
| <i>Monday</i> | Spicy Tenders n Fries |
| <i>Tuesday</i> | Swiss & Bacon Cheeseburger |
| <i>Wednesday</i> | Chicken Nuggets w/ Fries |
| <i>Thursday</i> | Western Bacon Cheeseburger |
| <i>Friday</i> | Special Limited Time Offer |

FRESH Fit

Salads

Wraps

- | | |
|--------------------------------------|-----------------|
| Week 1 : Chinese Chicken | Hummus Veggie |
| Week 2 : Pasta Salad | Buffalo Chicken |
| Week 3 : Thai Chicken Noodle | Hummus Veggie |
| Week 4 : Chicken Caesar Salad | Buffalo Chicken |

Vegetarian Options

- | | |
|------------------|-----------------------|
| <i>Monday</i> | Bean & Cheese Burrito |
| <i>Tuesday</i> | Grilled Cheese |
| <i>Wednesday</i> | Bean & Cheese Burrito |
| <i>Thursday</i> | Cheese Quesadilla |
| <i>Friday</i> | B-4 The Burger |

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4				
26	27	28	29	30
	Popcorn Chicken Bowl Popcorn chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit	Taco/Nacho Bar Seasoned Taco Meat or Seasoned Chicken Refried Beans Fiesta Rice	Breakfast for Lunch French Toast Sticks Scrambled Eggs Sausage & Tater Tots	Non-Student Day

Available Daily for Lunch



Cheese Pizza, Pepperoni Pizza, Crispy Chicken Sandwich, Spicy Chicken Sandwich & Cheeseburger

All Meals are served with choice of Fat Free Chocolate Milk or 1% Milk and choice of Fresh Fruit & Vegetables.
 USDA and this Institution are Equal Opportunity Providers and Employers.

Breakfast \$1.50
 Lunch \$ 3.25