



# PYUSD Nutrition Services

## High School Menu

### June 2019

Feeding Hungry Minds



## Fresh Start

Student Breakfast \$1.50

**Cinnamon Roll, Pan Dulce, Bagel & Cream Cheese, Yogurt Parfait, Bosco Stick or Assorted Cereal w/ String Cheese.**

### Daily Breakfast Specials:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Scrambler Bowl	Dutch Waffle w/Sausage	Pancake Wrap	English Muffin Sandwich	Breakfast Burrito

### Lunch Specials

Student Lunch \$3.25

#### Week 1

Fresh & Fit - Chinese Chicken Salad or Hummus Veggie Wrap

Jun 03 MONDAY	Jun 04 TUESDAY	Jun 05 WEDNESDAY	Jun 06 THURSDAY	Jun 07 FRIDAY
<i>BYO Burger</i> Hamburger Patty w/ Assorted Toppings and Sauces Seasoned Fries	<i>Popcorn Chicken Bowl</i> Popcorn chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit	<i>Taco/Nacho Bar</i> Seasoned Taco Meat or Seasoned Chicken Refried Beans Fiesta Rice	<i>Breakfast for Lunch</i> French Toast Sticks Scrambled Eggs Sausage ☺ Tater Tots	<i>Saucy</i> Chicken Tenders w/ Choice of BBQ, Buffalo or Teriyaki Sauce Seasoned Fries Garlic Breadstick

#### Week 2

Fresh & Fit - Pasta Salad or Buffalo Chicken Wrap

Jun 10 MONDAY	Jun 11 TUESDAY	Jun 12 WEDNESDAY	Jun 13 THURSDAY	Jun 14 FRIDAY
<i>Asian Bowl</i> Teriyaki or Orange Chicken Fried Rice or Noodles Steamed Mixed Vegetable	<i>Flatbread</i> Pepperoni Or Cheese Flatbread Tossed Caesar Salad			



### THE GRILL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spicy Tender-N- Fries	Swiss-Bacon Cheeseburger	Chicken Nuggets w/ Fries	Western Bacon Cheeseburger	LTO Special

### Vegetarian Option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bean & Cheese Burrito	Grilled Cheese	Bean & Cheese Burrito	Cheese Quesadilla	B-4 The Burger-V

### Available Daily

Cheese & Pepperoni Pizza	Crispy Chicken Sandwich	Spicy Chicken Sandwich	Cheeseburger
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All Meals are served with choice of Fat Free Chocolate Milk or 1% Milk

All Meals are served with choice of Fresh Fruit & Veggies

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