



Feeding Hungry Minds

PYUSD Nutrition Services

High School Menu

March 2019



Fresh Start

Student Breakfast \$1.50

Cinnamon Roll, Pan Dulce, Bagel & Cream Cheese, Yogurt Parfait, Bosco Stick or Assorted Cereal w/ String Cheese.

Daily Breakfast Specials:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Scrambler Bowl	Dutch Waffle w/Sausage	Pancake Wrap	English Muffin Sandwich	Breakfast Burrito

Lunch Specials

Student Lunch \$3.25

Week 1

Fresh & Fit - Chicken Caesar Salad or Buffalo Chicken Wrap

Mar 04 MONDAY	Mar 05 TUESDAY	Mar 06 WEDNESDAY	Mar 07 THURSDAY	Mar 08 FRIDAY
<i>BYO Burger</i> Hamburger Patty w/ Assorted Toppings and Sauces Seasoned Fries	<i>Taco Tuesday</i> Seasoned Taco Meat or Seasoned Chicken Refried Beans Fiesta Rice	<i>Popcorn Chicken Bowl</i> Popcorn chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit	<i>Breakfast for Lunch</i> French Toast Sticks Scrambled Eggs Sausage Patty & ☺ Tater Tots	<i>Saucy</i> Chicken Tenders w/ Choice of BBQ, Buffalo or Teriyaki Sauce Seasoned Fries Garlic Twist

Week 2

Fresh & Fit - Taco Salad or Turkey Bacon Ranch Wrap

Mar 11 MONDAY	Mar 12 TUESDAY	Mar 13 WEDNESDAY	Mar 14 THURSDAY	Mar 15 FRIDAY
<i>Asian Bowl</i> Teriyaki or Orange Chicken Steamed Rice or Noodles Steamed Mixed Vegetable	<i>Burrito Bowl</i> Chicken Fajita or Spicy Pork Carnitas ☐ Pinto Beans Cilantro Lime Rice	<i>Pasta Bar</i> Alfredo or Marinara Sauce Chicken or Seasoned Beef Seasoned Broccoli Garlic Twist	<i>Homestyle Favorite</i> Oven Roasted Turkey Chicken or Seasoned Beef Mashed Potatoes w/ Gravy Green Beans Dinner Roll	<i>LTO - Soup Bar</i> Tortilla Soup Stock Diced Chicken Black Beans Golden Corn Cheese Quesadilla

Week 3

Fresh & Fit - Chinese Chicken Salad or Hummus Veggie Wrap

Mar 18 MONDAY	Mar 19 TUESDAY	Mar 20 WEDNESDAY	Mar 21 THURSDAY	Mar 22 FRIDAY
<i>Homestyle Favorite</i> Meatloaf AuGratin Potatoes Green Beans Dinner Roll	<i>Taco Tuesday</i> Carne Asada or Chicken Fajita Refried Beans Fiesta Rice	<i>Just Say Cheez</i> Pasta w/ Cheese Sauce Seasoned Chicken Assorted Toppings Broccoli Garlic Twist	<i>Backyard BBQ</i> BBQ Pulled Pork ☺Or BBQ Chicken Sandwich Baked Beans Golden Corn	<i>Flatbread</i> Pepperoni Or Cheese Flatbread Tossed Caesar Salad

Week 4

Fresh & Fit - Chef Salad or Southwest Chicken Wrap

Mar 25 MONDAY	Mar 26 TUESDAY	Mar 27 WEDNESDAY	Mar 28 THURSDAY	Mar 29 FRIDAY
<i>Asian Bowl</i> Curried Chicken or Korean BBQ Beef Steamed or Lucky Fried Rice Broccoli	<i>Nacho Bar</i> Tortilla Chips Seasoned Taco Meat Refried Beans Nacho Cheese	<i>Chicken Parmesan</i> Chicken Parmesan Pasta w/ Marinara Seasoned Broccoli Garlic Twist	<i>Chili Bar</i> Chili Fries w/ Corn Bread or Chili Dog Seasoned Fries Assorted Toppings	<i>Chicken & Waffles</i> Chicken Tenders w/ Waffles Southern Green Beans

THE GRILL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corn Dog-N- Fries	Swiss-Bacon Cheeseburger	Chicken Quesadilla w/ Salsa	Western Bacon Cheeseburger	B-4 The Burger-V

Vegetarian Option

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bean & Cheese Burrito	Falafel Tots, Fries & Flat Bread	Cheese Quesadilla	Bean & Cheese Burrito	B-4 The Burger-V

Available Daily

Cheese & Pepperoni Pizza	Crispy Chicken Sandwich	Spicy Chicken Sandwich	Cheeseburger
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All Meals are served with choice of Fat Free Chocolate Milk or 1% Milk

All Meals are served with choice of Fresh Fruit & Veggies

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