



Feeding Hungry Minds

## El Camino High School MENU 2018

Breakfast.....\$1.50  
 Lunch.....\$3.25  
 Adult Meals.....\$3.75  
 Ⓢ= Contains Pork/ ♯= Vegetarian

### Available Daily for Breakfast



# Fresh Start



Daily ♯: Pan Dulce , Yogurt Parfait, Bagel w/ Cream Cheese, Cinnamon Roll, Bosco Pizza Stick or Assorted Cereal served w/ String Cheese

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake & Sausage Wrap	Blueberry Waffles ♯	Sunrise Bowl Eggs, Turkey Bacon & Biscuit	English Muffin Sandwich	Breakfast Burrito

### Available for Lunch



# THE GRILL

Available Daily:  
 Bean & Cheese Burrito ♯, Cheeseburger,  
 Spicy Chicken Sandwich, Crispy Chicken Sandwich

## OUR PLATE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Rice Bowl</b> Teriyaki Chicken Steamed Broccoli Served over Steamed Rice	<b>Nacho Bowl</b> Refried Beans ♯ Topped W/ Shredded Cheddar Cheese Served w/ Crispy TortillaChips	Pasta Bowl w/ Vegetables Dinner Roll	<b>Popcorn Chicken Bowl</b> Popcorn Chicken w/ Mashed Potatoes & Gravy Golden Corn Biscuit	<b>Crispy Chicken Tenders</b> Seasoned Fries Garlic Breadstick

## FRESH & FIT

Fresh Salads and Wrap Specials Available

Check the Cafeteria for the Selections of the week



**Buffalo Chicken Wrap**  
**Chicken Caesar Wrap**  
**Turkey and Ranch Wrap**

**Chicken Cobb Salad**  
**BBQ Chicken Salad**  
**Chicken Caesar Salad**



## Fresh Made Pizza

Pepperoni or Cheese ♯

All Meals are served with choice of fruits, vegetables and choice of 1% milk or fat free chocolate milk.

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