

# HIGH SCHOOL MENU October 2018

## Week 3

1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
<b>Homestyle Favorite</b>	<b>Nacho Bar</b>	<b>Just Say Cheez</b>	<b>Chili Bar</b>	<b>Backyard BBQ</b>
Meatloaf AuGratin Potatoes Green Beans Dinner Roll	Tortilla Chips Seasoned Taco Meat Refried Beans Nacho Cheese	Pasta w/ Cheese Sauce Seasoned Chicken Assorted Toppings Broccoli Garlic Twist	Chili Fries w/ Corn Bread or Chili Dog Seasoned Fries Assorted Toppings	BBQ Pulled Pork ☼Or BBQ Chicken Sandwich Baked Beans Golden Corn

## Week 1

8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
<b>BYOBurger</b>	<b>Taco Tuesday</b>	<b>Popcorn Chicken Bowl</b>	<b>Breakfast for Lunch</b>	<b>Baked Potato Bar</b>
Hamburger Patty w/ Assorted Toppings and Sauces Seasoned Fries	Seasoned Taco Meat or Seasoned Chicken Refried Beans Fiesta Rice	Popcorn chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit	French Toast Sticks Scrambled Eggs Sausage Patty☼ Tater Tots	Baked Potato Chili, Cheese Sauce, T. Bacon Bits, Grn Onion Broccoli Garlic Twist

## Week 2

15-Oct	16-Oct	17-Oct	18-Oct	19-Oct
<b>Asian Bowl</b>	<b>Burrito Bowl</b>	<b>Pasta Bar</b>	<b>Homestyle Favorite</b>	<b>Saucy</b>
Teriyaki Chicken or Chef's Choice Steamed Rice or Noodles Steamed Vegetable	Chicken Fajita or Pork Carnitas☼ Pinto Beans Cilantro Lime Rice	Alfredo or Marinara Sauce Chicken or Seasoned Beef Seasoned Broccoli Garlic Twist	Oven Roasted Turkey Mashed Potatoes w/ Gravy Green Beans Dinner Roll	Chicken Tenders w/ Choice of BBQ, Buffalo or Teriyaki Sauce Seasoned Fries Garlic Twist

## Week 3

22-Oct	23-Oct	24-Oct	25-Oct	26-Oct
<b>Homestyle Favorite</b>	<b>Nacho Bar</b>	<b>Just Say Cheez</b>	<b>Chili Bar</b>	<b>Backyard BBQ</b>
Meatloaf AuGratin Potatoes Green Beans Dinner Roll	Tortilla Chips Seasoned Taco Meat Refried Beans Nacho Cheese	Pasta w/ Cheese Sauce Seasoned Chicken Assorted Toppings Broccoli Garlic Twist	Chili Fries w/ Corn Bread or Chili Dog Seasoned Fries Assorted Toppings	BBQ Pulled Pork ☼Or BBQ Chicken Sandwich Baked Beans Golden Corn

## Week 1

29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
<b>BYOBurger</b>	<b>Taco Tuesday</b>	<b>Popcorn Chicken Bowl</b>	<b>Breakfast for Lunch</b>	<b>Baked Potato Bar</b>
Hamburger Patty w/ Assorted Toppings and Sauces Seasoned Fries	Seasoned Taco Meat or Seasoned Chicken Refried Beans Fiesta Rice	Popcorn chicken Mashed Potatoes w/ Gravy Golden Corn Biscuit	French Toast Sticks Scrambled Eggs Sausage Patty☼ Tater Tots	Baked Potato Chili, Cheese Sauce, T. Bacon Bits, Grn Onion Broccoli Garlic Twist

All Meals are served with choice of Fat Free Chocolate Milk or 1% Milk  
All Meals are served with choice of Fresh Fruit & Veggies

USDA and this Institution are Equal Opportunity Providers and Employers.



Student Breakfast- \$1.50

Student Lunch- \$3.25

Contains Pork = ☼



## Fresh Start

### Daily Breakfast Specials:

Cinnamon Roll, Pan Dulce, Bagel & CrmChz  
Yogurt Parfait, Bosco Stick or  
Assorted Cereal w/ String Cheese.

### Daily Specials

**Monday** Pancake Sausage Wrap  
**Tuesday** Blueberry Waffles  
**Wednesday** Scrambler Bowl  
**Thursday** English Muffin Sandwich  
**Friday:** Breakfast Burrito



## THE GRILL

Offered Daily: Bean & Cheese Burrito, Spicy  
or Crispy Chicken Sandwich or Cheeseburger  
available daily.

### Daily Specials

**Monday** BBQ Beef Riblett Sandwich  
**Tuesday** Western Bacon Cheeseburger ☼  
**Wednesday** Chicken Tenders  
**Thursday** Hawaiian Chicken Sandwich  
**Friday:** Meatball Sub

## Fresh & FIT



Available Daily :  
Wraps, Salad Specials,  
Autumn Fields Salad and Snack Boxes

### Weekly Special Wraps

**Week 1** Buffalo Chicken Wrap  
**Week 2** Chicken Caesar Wrap  
**Week 3:** Turkey Ranch Wrap

### Weekly Special Entrée Salads

**Week 1** Chicken Caesar Salad  
**Week 2** Chicken Cobb Salad  
**Week 3** BBQ Chicken Salad

## Papa John's Pizza

Cheese and Pepperoni ☼Pizza Served  
Daily