

# Placentia-Yorba Linda Unified School District

## Elementary Lunch Menu

### November 2017
















**-DAILY CHOICES-**  
**ENTRÉE SALAD -OR-**  
**BRUNCH-A-MUNCH**  
**SUNBUTTER SANDWICH W/**



= PYLUSD RECIPE

**Prices & Ala Carte**  
 Student Lunch w/ Milk.....\$2.75  
 Adult Lunch.....\$3.75  
 Milk.....\$0.50  
 Capri Sun (100% Juice).....\$0.50

☞ = Meatless Entree  
 ☞ = Contains Pork

Entrée Salad of the Week	Monday	Tuesday	Wednesday	Thursday	Friday
Asian Chicken Salad w/Crispy Noodles			1 Chicken Patty Sandwich On a WG Bun Baked Cheetos	2 Creamy Mac & Cheese w/ Green Beans	3 Home-style Beef Patty w/ Mashed Potatoes & Gravy Dinner Roll
Chicken Ranch Salad w/Tortilla Chips	6 Bean & Cheese Burrito ☞ Nacho Doritos	7 Chicken Nuggets w/ Potato Smiles 	8 Cheese Pizza Slice ☞ 	9 Oven Roasted Turkey w/ Gravy Mashed Potatoes Dinner Roll Special Dessert 	10 Veteran's Day No School 
Chicken Caesar Salad & Croutons	13 Grilled Cheese Sandwich ☞ Choc Elf Grahams 	14 Cheeseburger Baked Beans	15 Chicken Soft Tacos w/ Seasoned Corn 	16 Pepperoni & Cheese Stuffed Sticks ☞	17 No School (Elementary Only) Parent Conferences 
  					
Asian Chicken Salad w/Crispy Noodles	27 Double Dogs Scooby Graham Snack 	28 Cheese Pizza Slice ☞ 	29 <u>Breakfast for Lunch</u> French Toast Sticks Beef Sausage 	30 Chicken Tenders w/Seasoned Corn	1 Orange Chicken Brown Rice Fortune Cookie 



**Stay Active**

When kids are active, their bodies can do the things they want and need them to do.

**Exercise Promotes:**

- strong muscles & bones
- weight control
- decreased risk of illness
- better sleep
- a positive outlook on life



*This institution is an equal opportunity provider—Menus Subject to Change*

All Meals are Served with choice of Fruit, Vegetable, and Milk

[www.pylusdnutrition.org](http://www.pylusdnutrition.org)

# Chef Solus Thanksgiving Food Word Search Puzzle!

There is more to Thanksgiving than just turkey. Find these Thanksgiving words!

**HAPPY THANKSGIVING**

Turkey  
Yams  
Parade  
Apples  
Feast  
Family  
Dinner

**NOURISH**

Visit [www.ChefSolus.com](http://www.ChefSolus.com) for free kids' nutrition games, interactive word puzzles and fun healthy food activities!  
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## EVERY STUDENT HAS A PIN....

Even if you do not eat in the Cafeteria,  
YOU have a PIN.  
It is specific for every student.

What is your Meal PIN?

**HINT: It is the same as your computer number.**

(write your PIN here)

Learn your PIN and get through the Lunch Line Faster.

