

# Placentia-Yorba Linda Unified School District

**-DAILY CHOICES-**  
**ENTRÉE SALAD -OR-**  
**BRUNCH-A-MUNCH**  
**(YOGURT-MUFFIN & CHEESE)**













## Elementary Lunch Menu



= PYLUSD RECIPE

### Prices & Ala Carte

Student Lunch w/ Milk.....\$2.50  
 Adult Lunch.....\$3.75  
 Milk.....\$0.50  
 Capri Sun (100% Juice).....\$0.50  
 ♯ = Meatless Entree  
 ⌘ = Contains Pork

Entrée Salad of the Week 	Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Ranch Salad & Tortilla Chips	2 Mini Pancakes w/ String Cheese ♯ Sour Lemon Raisels <b>Fruit &amp; Veggies</b>	3 Round Cheese Pizza ♯ <b>Fruit &amp; Veggies</b>	4 Popcorn Chicken & Mashed Potatoes Choc. Chip Chortles <b>Fruit &amp; Veggies</b>	5  Cheesy Enchiladas ♯ Spanish/English Cookies  <b>Fruit &amp; Veggies</b>	6 Mini Cheeseburger Frozen Rips Slush <b>Fruit &amp; Veggies</b>
Asian Chicken Salad w/ Crunchy Noodles	9 Chicken Sandwich On a WG Bun w/ Baked Chips <b>Fruit &amp; Veggies</b>	10 Pepperoni & Cheese Stuffed Sticks ⌘ <b>Fruit &amp; Veggies</b>	11 Mini Corndogs w/Potato Wedges Chocolate Chip Cookie <b>Fruit &amp; Veggies</b>	12 Teriyaki Chicken Over Brown Rice Fortune Cookie <b>Fruit &amp; Veggies</b>	13 Cheesy Mac & Cheese ♯ <b>Today Enjoy...</b>  <b>Fresh strawberries &amp; Veggies</b> 
Chicken Caesar Salad & Croutons 	16 Chicken Strips w/Potato Wedges Scooby Grahams <b>Fruit &amp; Veggies</b>	17 Round Cheese Pizza ♯ <b>Fruit &amp; Veggies</b>	18 Double Dogs w/ Baked Chips <b>Fruit &amp; Veggies</b>	19 Orange Chicken Over Brown Rice Fortune Cookie <b>Fruit &amp; Veggies</b>	20 Bacon Cheeseburger Fruit Cup Icee <b>Fruit &amp; Veggies</b> 
Baja Chicken Salad w/ Tortilla Chips	23 "Big" Bean & Cheese Burrito ♯ w/ Nacho Chips <b>Fruit &amp; Veggies</b>	24 Pepperoni & Cheese Stuffed Sticks ⌘ <b>Fruit &amp; Veggies</b>	25 Pasta w/Meatballs All Sport Vanilla Cookies   <b>Fruit &amp; Veggies</b>	26 Beef BBQ Rib Sandwich Chocolate Brownie  <b>Fruit &amp; Veggies</b>	27 "Star" Chicken Nuggets w/Potato Wedges Frozen Fruit Cup <b>Fruit &amp; Veggies</b> <b>LUCKY TRAY DAY</b>
Chicken Ranch Salad & Tortilla Chips	30 	31 Round Cheese Pizza ♯ <b>Fruit &amp; Veggies</b>	1 Popcorn Chicken & Mashed Potatoes Choc. Chip Chortles <b>Fruit &amp; Veggies</b>	2  Cheesy Enchiladas ♯ Frozen RIPS Slush <b>Fruit &amp; Veggies</b>	3 Mini Cheeseburger Kickin Cheddar Goldfish <b>Fruit &amp; Veggies</b>

### NATIONAL ENCHILADA DAY MAY 5th


Come join us for ENCHILADAS & Learn Spanish with our educational cookies!!

Did you know...

The enchilada is one of the dishes mentioned in Mexico's very first cookbook in 1831!

### NATIONAL STRAWBERRY MONTH

Come enjoy FRESH strawberries on MAY 13th.

- There are more than 70 varieties of strawberries. 
- Strawberries are a great source of Fiber from the seeds promoting healthy digestion. They are also a great source of Vitamin C helping with your immune system!



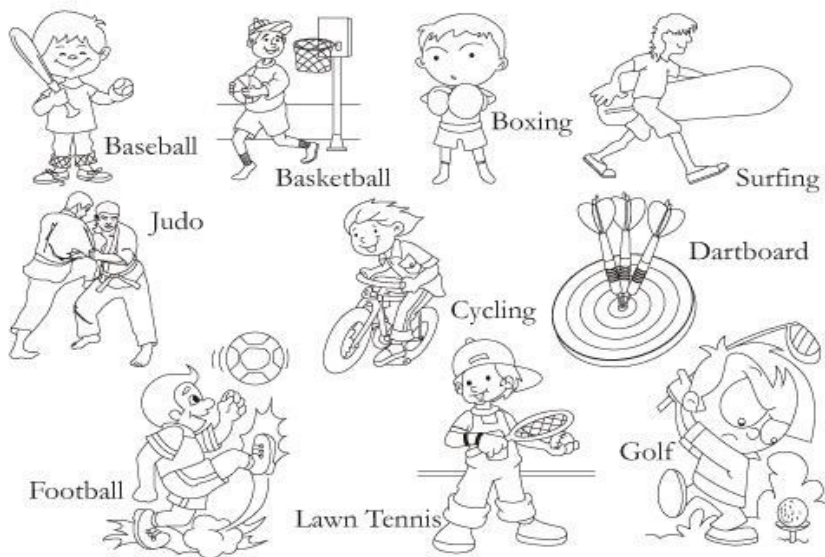
= Lucky Tray Day May 27th



*This institution is an equal opportunity provider—Menus Subject to Change*

## Word Search Puzzle Sports

B	A	S	K	E	T	B	A	L	L
O	J	U	D	O	B	A	S	K	M
X	I	R	O	B	O	S	U	R	G
I	L	F	E	N	S	E	B	C	O
N	O	I	D	A	F	B	C	D	L
G	O	N	A	P	Z	A	Y	K	F
L	F	G	C	Y	C	L	I	N	G
F	O	O	T	B	A	L	L	B	D
D	A	R	T	B	O	A	R	D	K
L	A	W	N	T	E	N	N	I	S



# Exercise is Important!

Now that the weather is getting nice.. Don't forget to get outside and exercise.  
Nutrition is not only eating the right food, but burning energy!..

Use the work search to remember all of the fun exercise that you can do!

## COLOR & SEARCH

DID YOU KNOW....

**EVERY STUDENT HAS A PIN**

Even if you do not eat in the Cafeteria  
**YOU** have a special PIN for your meal.  
It's your Library Number!  
What is your Meal PIN ?

\_\_\_\_\_  
(write your PIN here)

PYLUSD Nutrition Services  
714-985-8610  
[www.pylusdnutrition.org](http://www.pylusdnutrition.org)