Breakfast
Middle School
January 2017

***MENUS ARE SUBJECT TO CHANGE ***

Mon	Tue	Wed	Thu	Fri
2 **Winter Holiday Break**	3 **Teacher Work Day**	4 (1) Egg & Cheese Sandwich (2) Breakfast Pizza (3) Cereal/Toast Grits 100% Fruit Juice/Fruit Choice of Milk	5 (1) Chicken Biscuit (2) Cereal/Toast (3) Grilled Cheese Sandwich w/Tater Tots Grits 100% Fruit Juice/Fruit Choice of Milk	6 (1) French Toast Sticks w/ Sausage Link (2) Steak Biscuit (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk
9 (1) Bacon Egg & Cheese Boat (2) Cereal /Toast (3) Muffin/Cheese Stick Grits 100% Fruit Juice/Fruit Choice of Milk	10 (1) Chicken Biscuit (2) Blueberry Pancakes or Cinnamon Pancakes w/Sausage Link (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk	11 (1) Breakfast Pizza (2) Cinnamon Roll w/Sausage Link (3) Cereal/Pop Tart Grits 100% Fruit Juice/Fruit Choice of Milk	12 (1) French Toast Sticks w/Sausage Link (2) Egg & Cheese Sandwich (3) Cereal/Toast Grits 100% Fruit Juice/Fruit Choice of Milk	13 (1) Bagel Bites (2) Steak Biscuit (3) Cereal/Toast Brown Sugar Oatmeal 100% Fruit Juice/Fruit Choice of Milk
16 **Martin Luther King, Jr. Holiday**	17 (1) Sausage Pancake on a Stick (2) Parfait w/Fruit & Cereal or Granola (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk	18 (1) Egg & Cheese Sandwich (2) Breakfast Pizza (3) Cereal/Toast Grits 100% Fruit Juice/Fruit Choice of Milk	19 (1) Chicken Biscuit (2) Cereal/Toast (3) Grilled Cheese Sandwich w/Tater Tots Grits 100% Fruit Juice/Fruit Choice of Milk	20 (1) French Toast Sticks w/ Sausage Link (2) Steak Biscuit (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk
23 (1) Bacon Egg & Cheese Boat (2) Cereal /Toast (3) Muffin/Cheese Stick Grits 100% Fruit Juice/Fruit Choice of Milk	24 (1) Chicken Biscuit (2) Blueberry Pancakes or Cinnamon Pancakes w/Sausage Link (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk	25 (1) Breakfast Pizza (2) Cinnamon Roll w/Sausage Link (3) Cereal/Pop Tart Grits 100% Fruit Juice/Fruit Choice of Milk	26 (1) French Toast Sticks w/Sausage Link (2) Egg & Cheese Sandwich (3) Cereal/Toast Grits 100% Fruit Juice/Fruit Choice of Milk	27 (1) Bagel Bites (2) Steak Biscuit (3) Cereal/Toast Brown Sugar Oatmeal 100% Fruit Juice/Fruit Choice of Milk
30 (1) Mini Pancakes (2) Cereal /Cheese Toast (3) Sausage Biscuit Grits 100% Fruit Juice/Fruit Choice of Milk	31 (1) Sausage Pancake on a Stick (2) Parfait w/Fruit & Cereal or Granola (3) Cereal/Toast Cheese Grits 100% Fruit Juice/Fruit Choice of Milk	*www.MyPaymentsPlus.com* *Student Meal Prices* *Lunch-$2.00* *Breakfast-$1.25* *Reduced Lunch-$.40* *Reduced Breakfast-$.30* *Adult Meal Prices* *Breakfast-$1.75* *Lunch-$3.25*	*ENVISION PAYMENT SOLUTIONS SECURITY ON ALL RETURNED CHECKS*	*Water Available Upon Request*

This institution is an equal opportunity provider.