



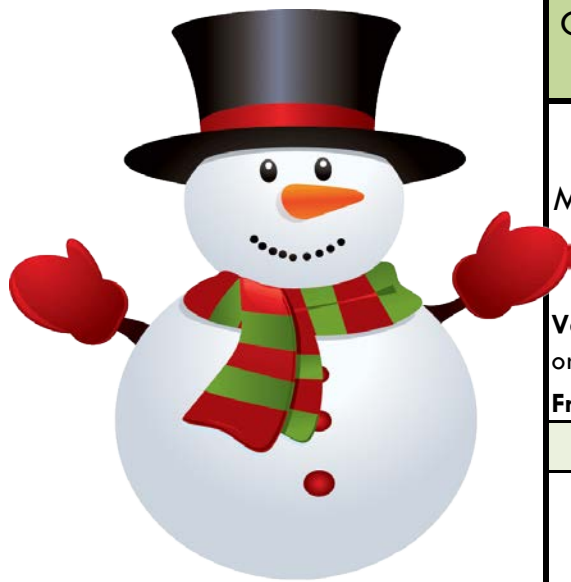
Del Norte County Unified School District  
 Preschool Menu - December 2018  
**BREAKFAST/ LUNCH**







**Garden Bar offerings may include:**

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

*Some of these choices may come from our local farmers.*

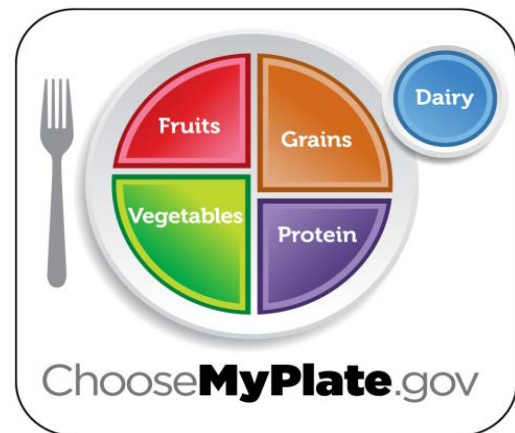


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cereal w/ Hardboiled Egg	Breakfast Pizza	Mini Sausage Bagel w/ Cheese	French Toast	Muffin w/ Cheese Stick
HAPPY BIRTHDAY DAY! Cheese Pizza  	PB&J w/ Goldfish	Mini Cheeseburgers w/ Pasta Salad	Taco Sticks	Popcorn Chicken & Tots
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
10	11	12	13	14
Cereal	Brekafast Pizza	Turkey Ham, Egg w/ Cheese on Hawaiian Bun	Blueberry Waffles	Pull a Part Bagel
Egg Roll & Oriental Rice 	Corn Dogs	Chicken Sandwich	PB&J w/ Annie's Grahams	Chicken Tenders w/ Tots
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
17	18	19	20	21
Cereal w/ Hardboiled Egg	Breakfast Pizza	Beef Maple Sausage Sandwich	Omelet	Yogurt w/ Annies Grahams
Mac & Cheese 	Pepperoni Pizza	Teriyaki Dunkers & Tots	Beef a Roni	PB&J w/ Chips
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
24	25	26	27	28



**ALLERGY ALERT!**  
 The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Del Norte Nutrition Services = **Delicious and Nutritious**  
 Ensuring student success everyday with quality school meals.

**Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!**

Menu subject to change without notice.  
 Our District is always working hard to improve student nutrition and wellness.  
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