CALIFORNIA THURSDAYS™

Del Norte County Unified School District

Sunset/ Annex/ DNComm Menu - December 2018

BREAKFAST/ LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cereal	French Toast	Breakfast Pizza	Maple Beef Sausage Sandwich	Yogurt/ Zee Zee Bar
Cheese Pizza	Twin Sliders	Tacos Sticks	Chicken Fajita	Popcorn Chicken & Potato Wedges
Vegetable: Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit
10	11	12	13	14
Cereal	French Toast	Breakfast Pizza	Sunrise Sandwich	Muffins
Burritos	Classic Cheeseburger	Corndogs	Chicken Nuggets & Potato Wedges	Spaghetti
Vegetable: Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit
17	18	19	20	21
Cereal	French Toast	Breakfast Pizza	Maple Beef Sausage Sandwich	Yogurt/ Zee Zee Bar
Cheese Pizza	Twin Sliders	Taco Sticks	Baked Chicken & Cornbread	PB&J w/ Chips
Vegetable: Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit	**Vegetable:** Fresh Vegetables or Salad Bar **Fruit:** Seasonal Fruit
24	25	26	27	28
31	1	2	3	4

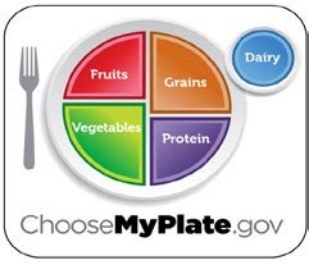
Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

Del Norte Nutrition Services = **D**elicious and **N**utritious

Ensuring student success everyday

Menu subject to change without notice.
Our District is always working hard to improve student nutrition and wellness.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339, or(800) 845-6136 (Spanish) USDA is an equal opportunity provider and employer.