



Del Norte County Unified School District
 DNHS Menu - December 2018
BREAKFAST/ LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5		6		7	
Banana Bread		French Toast		Sausage Muffin		Biscuit & Gravy		Breakfast Casserole	
Galaxy Cheese Pizza Burrito PB&J		Chicken Sandwich Sliders		Taco Sticks Popcorn Chicken Chicken Nuggets		Chicken Fajita Classic Burger Galaxy Pepperoni Pizza		Chicken Sandwich Corn Dog	
								Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
10		11		12		13		14	
Muffin		French Toast		Sausage Muffin		Biscuit & Gravy		Pancakes	
Galaxy Cheese Pizza Burrito PB&J		Chicken Sandwich Sliders		Taco Sticks Popcorn Chicken Chicken Nuggets		Spaghetti Classic Burger Galaxy Pepperoni Pizza		Chicken Sandwich Corn Dog	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
17		18		19		20		21	
Muffin		French Toast		Sausage Muffin		Biscuit & Gravy		Pancakes	
Galaxy Cheese Pizza Burrito PB&J		Chicken Sandwich Sliders		Taco Sticks Popcorn Chicken Chicken Nuggets		Baked Chicken & Corn Muffin Classic Burger Galaxy Pepperoni Pizza		Chicken Sandwich Corn Dog	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
24		25		26		27		28	

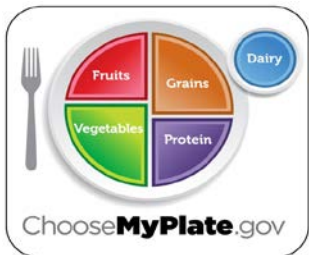
Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

Some of these choices may come from our local farmers.

ALLERGY ALERT!
 The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



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31		1		2		3		4	
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Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
 Ensuring student success everyday**

Menu subject to change without notice.
 Our District is always working hard to improve student nutrition and wellness.
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