



Del Norte County Unified School District
 Preschool Menu - November 2018
BREAKFAST/ LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Blueberry Waffles	Muffin & Hardboiled Egg
			Spaghetti w/ Roll	Chicken Tenders & Tots
			Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
5	6	7	8	9
Cereal & Juice	Breakfast Pizza	Turkey Ham, Egg & Cheese Sandwich	French Toast	Yogurt & Annie Grahams
Happy Birthday Day! PB&J w/ Annie's Grahams 	Mini Cheeseburger Sliders	Mac & Cheese	Taco Sticks	Chicken Sandwich
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12	13	14	15	16
	Breakfast Pizza	Beef Maple Sausage Sandwich	Chocolate Crescent	Pull Apart Bagels
No School 	Pepperoni Pizza	Corndogs	Turkey Ham & Cheese on Hawaiian Bun	PB&J w/ Chips
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19	20	21	22	23
26	27	28	29	30
Cereal & Juice	Breakfast Pizza	Turkey Ham, Egg & Cheese Sandwich	Mini Confetti Pancakes	Omelet
PB&J w/ Goldfish 	Dunkers & Tots	Mini Cheeseburger	Taco Stick	Chicken Nuggets & Tots
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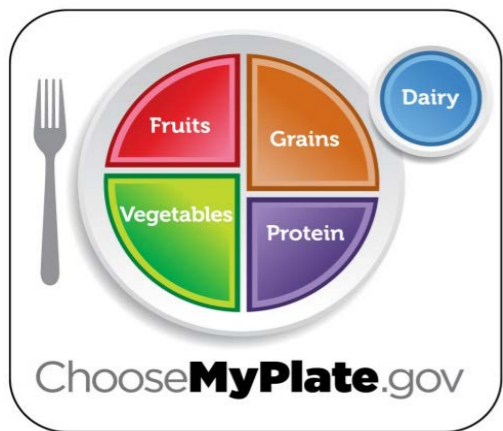
Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

Some of these choices may come from our local farmers.

ALLERGY ALERT!
 The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.

Our Goal! To enhance the diet and health of school children and support learning by promoting healthy habits that will last a lifetime!

Menu subject to change without notice.
Our District is always working hard to improve student nutrition and wellness.
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