



Del Norte County Unified School District
 DNHS Menu - November 2018
BREAKFAST/ LUNCH



Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

Some of these choices may come from our local farmers.

ALLERGY ALERT!
 The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Biscuit & Gravy	Parfait
			CALIFORNIA THURSDAY Veg Lo Mein & Teriyaki Dunkers Classic Burger Galaxy Pepperoni Pizza Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Chicken Sandwich Corn Dog Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
	5	6	7	8
Banana Bread	French Toast	Sausage & Cheese Muffin	Biscuit & Gravy	Parfait
Galaxy Cheese Pizza Burrito PB&J Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Pulled Pork Sandwich Chicken Sandwich Sliders Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Taco Sticks Popcorn Chicken Chicken Nuggets Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Chicken Salad Sandwich Classic Burger Galaxy Pepperoni Pizza Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Chicken Sandwich Corn Dog Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
	12	13	14	15
		Pancakes	Sausage & Cheese Muffin	Biscuit & Gravy
NO SCHOOL 	PB&J w/ Chips Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Taco Sticks Popcorn Chicken Chicken Nuggets Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Sloppy Joe's Classic Burger Galaxy Pepperoni Pizza Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Baked Chicken Chicken Sandwich Corn Dog Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
	19	20	21	22
HAPPY Thanksgiving				
	26	27	28	29
Muffin	French Toast	Sausage & Cheese Muffin	Biscuit & Gravy	Parfait
Cheese Breadstick w/ Marinara Burrito PB&J Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Chicken Sandwich Sliders Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Pulled Pork Sandwich Taco Sticks Popcorn Chicken Chicken Nuggets Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Spaghetti Classic Burger Galaxy Pepperoni Pizza Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	HAPPY BIRTHDAY DAY Big Daddy Pizza Chicken Sandwich Corn Dog Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
 Ensuring student success everyday**

Menu subject to change without notice.

Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339, or (800) 845-6136 (Spanish) USDA is an equal opportunity provider and employer.