



# Del Norte County Unified School District DNHS Menu - September 2018 BREAKFAST/ LUNCH



**NEW!!**



**GET YOUR  
2018-2019  
MEAL APPLICATION  
IN NOW!**

**2018-2019 Applications for free & reduced meals are available at all school sites and the district office. If you have not already completed an application, please do so immediately and turn it into your school secretary.**

**ONE APPLICATION PER HOUSEHOLD!**

**Garden Bar offerings may include:**

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

*Some of these choices may come from our local farmers.*

**ALLERGY ALERT!**

**The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.**

**For tips, information & more, visit:**



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
AUGUST	27		28		29		30		31
Banana Bread		French Toast		Sausage & Cheese on English Muffin		Biscuit & Gravy		Parfait	
PB&J Grilled Burrito <div style="float: right; text-align: right;"> </div>		Chicken Sandwich Twin Sliders		Taco Sticks Chicken Nuggets Spicy Popcorn Chicken		Classic Burger Galaxy Pepperoni Pizza		Spicy or Regular Chicken Sandwich Corn Dog	
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	
3	4	5	6	7	8	9	10	11	12
NO SCHOOL		Muffins		Sausage & Cheese on English Muffin		Biscuit & Gravy		Parfait	
		Chicken Salad Sandwich Chicken Sandwich Twin Sliders		Taco Sticks Chicken Nuggets Spicy Popcorn Chicken		Chicken Fajita Classic Burger Galaxy Pepperoni Pizza		Spicy or Regular Chicken Sandwich Corn Dog	
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	
10	11	12	13	14	15	16	17	18	19
Banana Bread		French Toast		Sausage & Cheese on English Muffin		Biscuit & Gravy		Parfait	
Cheese Breadsticks w/ Marinara PB&J Grilled Burrito <div style="float: right; text-align: right;"> </div>		Chicken Sandwich Twin Sliders		Taco Sticks Chicken Nuggets Spicy Popcorn Chicken		Spaghetti Classic Burger Galaxy Pepperoni Pizza		Spicy or Regular Chicken Sandwich Corn Dog	
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17	18	19	20	21	22	23	24	25	26
Banana Bread		Muffins		Sausage & Cheese on English Muffin		Biscuit & Gravy		Parfait	
Macaroni & Cheese PB&J Grilled Burrito <div style="float: right; text-align: right;"> </div>		Pulled Pork Chicken Sandwich Twin Sliders		Taco Sticks Chicken Nuggets Spicy Popcorn Chicken		Chicken Lo Mein Classic Burger Galaxy Pepperoni Pizza		Spicy or Regular Chicken Sandwich Corn Dog	
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	
24	25	26	27	28	29	30	31	1	2
Banana Bread		French Toast		Sausage & Cheese on English Muffin		Biscuit & Gravy		Parfait	
PB&J Grilled Burrito <div style="float: right; text-align: right;"> </div>		Beef & Broccoli w/ Rice Chicken Sandwich Twin Sliders		Taco Sticks Chicken Nuggets Spicy Popcorn Chicken		Sloppy Joes Classic Burger Galaxy Pepperoni Pizza		<b style="color: purple;">Happy Birthday Day</b> Big Daddy Pizza Spicy or Regular Chicken Sandwich Corn Dog	
<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit		<b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	

**Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!**

**Del Norte Nutrition Services = Delicious and Nutritious  
Ensuring student success everyday**

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Menu subject to change without notice.  
Our District is always working hard to improve student nutrition and wellness.  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**