

**Del Norte County Unified School District  
High School Menu - May 2018  
BREAKFAST/ LUNCH**

**Del Norte County Schools presents**  
**Taco Tuesday**  
**May 1, 2018**

Served in your cafeteria to celebrate our local food & farmers

Sponsored by:  
Ocean View Beef  
Humboldt Creamery  
Pupiano

**Garden Bar offerings may include:**

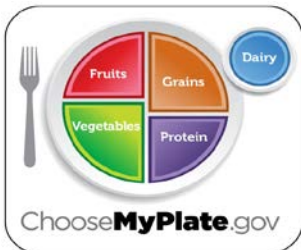
- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



*Some of these choices may come from our local farmers.*

**ALLERGY ALERT!**  
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



without notice.

*Our District is always working hard to improve student nutrition and wellness.*

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SCHOOL LUNCH HERO DAY 5/4/2018</b>				
		1	2	3
	Biscuit w/ Gravy	Sausage & Cheese on English Muffin	Assorted Muffin	Yogurt Parfait
	<b>TACO TUESDAY</b> Chicken Sandwich Sliders <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Chicken Alfredo Classic Burger Galaxy Pepperoni Pizza <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Sandwich <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
7	8	9	10	11
Banana Bread	French Toast	Sausage & Cheese on English Muffin	Assorted Muffin	Yogurt Parfait
Mac & Cheese Burrito PB&J	Baked Chicken Chicken Sandwich Sliders <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Spaghetti Classic Burger Galaxy Pepperoni Pizza <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Sandwich <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
14	15	16	17	18
Banana Bread	Biscuit w/ Gravy	Sausage & Cheese on English Muffin	Assorted Muffin	Yogurt Parfait
Veg Lo Mein w/ Egg Roll Burrito PB&J	Chicken Sandwich Sliders <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Turkey Wrap Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Burrito Bar Classic Burger Galaxy Pepperoni Pizza <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Sandwich <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
21	22	23	24	25
Banana Bread	French Toast	Sausage & Cheese on English Muffin	Assorted Muffin	Yogurt Parfait
Breadsticks w/ Marinara Burrito PB&J	Chicken Sandwich Sliders <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Mary's BBQ Chicken w/ Cornbread Muffins Classic Burger Galaxy Pepperoni Pizza <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Pulled Pork Sandwich Corn Dog Chicken Sandwich <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit
28	29	30	31	
<b>NO SCHOOL</b> <b>memorial DAY</b>	Biscuit w/ Gravy	Sausage & Cheese on English Muffin	Assorted Muffin	
	Chicken Sandwich Sliders <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Pork Lo Mein Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	Fish & Chips Corn Dog Chicken Nuggets <b>Vegetable:</b> Fresh Vegetables or Salad Bar <b>Fruit:</b> Seasonal Fruit	

**Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!**

**Del Norte Nutrition Services = Delicious and Nutritious  
Ensuring student success everyday with quality school meals.**

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