



**Del Norte County Unified School District
K-8 Menu - May 2018
BREAKFAST/ LUNCH**



Del Norte County Schools
presents
Taco Tuesday
May 1, 2018

Served in your cafeteria to celebrate our local food & farmers

Sponsored by:
Ocean View Beef Humboldt Creamery RUMIANO

Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCHOOL LUNCH HERO DAY 5/4/2018				
	1	2	3	4
	Maple Pancakes or Cereal	Breakfast Pizza or Cereal	Sunrise Sandwich or Cereal	Mini Bagels or Cereal
	TACO TUESDAY	Pepperoni Pizza	Classic Hamburger	Happy Birthday Day Chicken Tenders & Wedges
	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
7	8	9	10	11
Benefit Bars or Cereal	Beef Maple Sausage Sandwich or Cereal	Pancake Sausage on a Stick or Cereal	Breakfast Pizza or Cereal	Yogurt w/ Elf Grahams or Cereal
Grilled Burrito	Chicken Enchiladas	Corndogs	Turkey Sandwich w/ Chips	Popcorn Chicken & Tots
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
14	15	16	17	18
Banana Bread or Cereal	Blueberry Pancakes or Cereal	Breakfast Pizza or Cereal	Sunrise Sandwich or Cereal	Benefit Bars or Cereal
Cheese Pizza	Salisbury Steak w/ Mashed Potatoes & Gravy	Taco Sticks	Dunkers & Tots	Chicken Nuggets & Fries
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
21	22	23	24	25
Assorted Muffins or Cereal	Blueberry Waffles or Cereal	Mini Sausage & Cheese Bagels or Cereal	Breakfast Pizza or Cereal	Banana Bread or Cereal
Oriental Rice & Egg Roll	Cheeseburger Sliders	BBQ Rib Patty Sandwich w/ Pasta Salad	California Thursday Beef-a-Roni	Chicken Sandwich
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
28	29	30	31	
NO SCHOOL memorial DAY 	Beef Maple Sausage Sandwich or Cereal	Breakfast Pizza or Cereal	French Toast or Cereal	
	PB&J's & Chips	Classic Cheeseburger	Beef Stroganoff	
	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.**

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*Menu subject to change without notice.
Our District is always working hard to improve student nutrition and wellness.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER*