

Harvest of the Month

Network for a Healthy California

Botanical name: Persea americana



AVOCADOS

Garden Bar offerings may include:

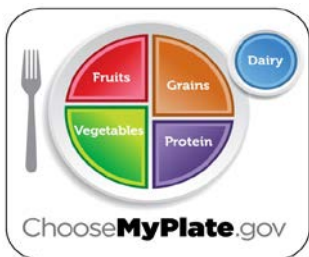
- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Items subject to change without notice.

Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Del Norte County Unified School District Sunset/ DNComm/ Annex Menu - April 2018 BREAKFAST/ LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
	9		10		11		12		13
Cereal		Banana Bread		French Toast		Mini Bagels		Yogurt & Granola	
Mac & Cheese w/ Whole Grain Roll		Chicken Sandwich		Turkey Wrap		Corn Dogs		Oriental Rice w/ Teriyaki Dunkers	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
	16		17		18		19		20
Cereal		Breakfast Pizza		French Toast		Muffins		Sausage Biscuit	
Bread Sticks w/ Marinara		Twin Sliders		Chicken Nuggets w/ Wedges		Chicken Sandwich		Chili w/ Cornbread	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
	23		24		25		26		27
Cereal		Sunrise Sandwich		French Toast		Mini Bagels		Yogurt & Granola	
Grilled Burrito		Lo Mein & Egg Rolls		Turkey Wrap		Classic Cheeseburger		Spaghetti	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
	30								
Cereal									
Bread Sticks w/ Marinara									
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit									

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.**

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