

Harvest of the Month

Network for a Healthy California

Botanical name: *Persea americana*



AVOCADOS

Garden Bar offerings may include:

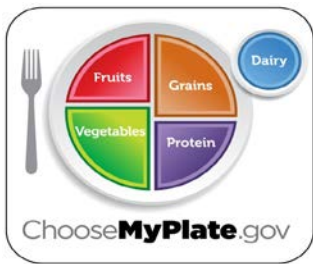
- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Menu subject to change without notice.

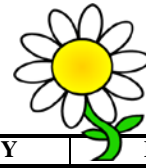
Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Del Norte County Unified School District

K-8 Menu - April 2018

BREAKFAST/ LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<p>SPRING BREAK 4/2 - 4/6</p>				
9	10	11	12	13
Zee Zee Bars or Cereal	Pancakes or Cereal	Breakfast Pizza or Cereal	Mini Sausage & Cheese Bagel or Cereal	Benefit Bar or Cereal
Grilled Burritos	Taco Sticks	BBQ Rib Sandwich & Pasta Salad	Classic Hamburger	HAPPY BIRTHDAY DAY!! Popcorn Chicken w/ Tots
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
16	17	18	19	20
Mini Bagels or Cereal	Breakfast Pizza or Cereal	Beef Sausage on Hawaiian Roll or Cereal	Blueberry Waffles or Cereal	Yogurt & Grahams or Cereal
Cheese Pizza	Chicken Noodle Casserole	Dunkers w/ Tater Tots	Pork Chops w/ Rice & Gravy	Chicken Nuggets w/ Wedges
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
23	24	25	26	27
Banana Bread or Cereal	French Toast or Cereal	Breakfast Pizza or Cereal	Sausage & Cheese Muffin or Cereal	Mini Muffin or Cereal
Mac & Cheese w/ Roll	Cheeseburger Sliders	Corndogs	California Thursday Chili w/ Scoops	Chicken Sandwich
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
30				
Zee Zee Bar or Cereal				
PB&J w/ Chips				
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit				

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.**

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