

Harvest of the Month

Network for a Healthy California



PEAS

Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



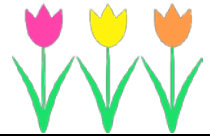
Menu subject to change without notice.

Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



Del Norte County Unified School District Preschool Menu - March 2018 BREAKFAST/ LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Beef Sausage on Hawaiian Bun	Mini Bagels
			Dunkers & Tots	Happy Birthday Day Popcorn Chicken & Fries
			Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
5	6	7	8	9
NATIONAL SCHOOL BREAKFAST WEEK MARCH 5-9				
Cereal	Breakfast Pizza	Yogurt Parfait	Sausage & Cheese Muffin	Mini Muffins
Corndogs	Cheese Pizza	Classic Burger	Turkey Sandwich	Chicken Tenders w/ Tots
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
12	13	14	15	16
Cereal	Cheese Omelet	Blueberry Pancake	Mini Sausage Bagel	Yogurt w/ Grahams
PB&J w/ Cheez Its	Pepperoni Pizza	BBQ Rib Sandwich w/ Pasta Salad	Chicken Sandwich	Chicken Nuggets w/ Wedges
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
19	20	21	22	23
Cereal	Breakfast Pizza	Bagel w/ Cream Cheese	Beef Sausage on Hawaiian Bun	Mini Bagels
PB&J w/ Grahams	Pepperoni Pizza	Cheeseburger Sliders	Taco Stick	Popcorn Chicken w/ Tots
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
26	27	28	29	30
	Blueberry Waffles	French Toast	Cheese Omelet	Mini Muffins
No School	Corndog	Turkey Sandwich w/ Goldfish Crackers	Chicken Sandwich	PB&J w/ Munchie Mix
	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.**

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