



Del Norte County Unified School District  
Sunset, Annex and DNComm Menu - September 2017



**BREAKFAST/ LUNCH**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
AUGUST 28		29		30		31		1	
Cereal		Ham & Cheese		Breakfast Pizza		Bagel w/ Cream Cheese		Sunrise Sandwich	
Grilled Burrito 		Cheeseburger Sliders		Corn Dog		Chicken Nuggets		Chicken Sandwich	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
4		5		6		7		8	
NO SCHOOL		French Toast		Sausage & Cheese on English Muffin		Yogurt w/ Granola		Muffin	
		Chicken Fajitas w/ Beans & Corn		Corn Dogs		Galaxy Pepperoni Pizza		Beef Stroganoff	
		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
11		12		13		14		15	
Cereal		Mini Pancakes		Breakfast Pizza		Benefit Bar		French Toast	
Bread Sticks w/ Marinara & Basil 		Mini Cheeseburger Sliders		Chicken Nuggets		BBQ Rib Sandwich		Mary's Chicken w/ Mashed Potatoes	
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	
18		19		20		21		22	
Cereal		Sunrise Sandwich		Bagel w/ Cream		Yogurt & Granola		Muffin	
Grilled Burrito 		Mac & Cheese w/ Broccoli		Baked Chicken		Classic Burger		Chicken Enchilada	
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25		26		27		28		29	
Cereal		French Toast		Benefit Bar		Ham & Cheese on English Muffin		Mini Pancakes	
PB&J 		Chicken Sandwich		Stir Fry w/ Egg Roll		Galaxy Pepperoni Pizza		Happy Birthday Day Spaghetti	
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**NEW!!**  
**Apply Online!**  
Free & Reduced Meal Benefits 24/7  
[www.delnorte.k12.ca.us](http://www.delnorte.k12.ca.us)

**GET YOUR  
2017-2018  
MEAL APPLICATION  
IN NOW!**

**2017-2018 Applications for free & reduced meals are available at all school sites and the district office. If you have not already completed an application, please do so immediately and turn it into your school secretary.**

**ONE APPLICATION PER HOUSEHOLD!**

- Garden Bar offerings may include:**
- Leafy Greens
  - Tomatoes
  - Carrots
  - Cucumbers
  - Broccoli
  - Garbanzo & Kidney Beans
  - A Variety of Fruit
  - Whole Grain Crackers and more!

*Some of these choices may come from our local farmers.*

**ALLERGY ALERT!**  
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



**Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!**

**Del Norte Nutrition Services = Delicious and Nutritious  
Ensuring student success everyday**

Menu subject to change without notice.  
Our District is always working hard to improve student nutrition and wellness.  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

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