



Del Norte County Unified School District
 Preschool Menu - May 2017
BREAKFAST/ LUNCH



Del Norte County Schools presents

Taco Tuesday

May 9, 2017

Served in your cafeteria to celebrate our local food & farmers

Ingredients devised by

Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!



Some of these choices may come from our local farmers.

ALLERGY ALERT!
 The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



Menu subject to change without notice.

Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCHOOL LUNCH HERO DAY 5/5/2017				
1	2	3	4	5
Pancakes or Cereal	Chocolate Chip Muffin or Cereal	Breakfast Pizza or Cereal	Sausage Bagel or Cereal	Yogurt & Granola or Cereal
Grilled Cheese on Sourdough	Pepperoni Pizza	Chef's Choice	Teriyaki Dunkers & Tots	Happy Birthday Day Popcorn Chicken & Tots
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
8	9	10	11	12
Omelet w/ Grahams or Cereal	Banana Bread or Cereal	Sunrise Sandwich or Cereal	Ham & Cheese Muffin or Cereal	Mini Bagels or Cereal
Cheese Pizza	TACO TUESDAY	Classic Cheeseburger	Salisbury Steak, Potatoes & Gravy	Chicken Strips & Seasoned Wedges
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
15	16	17	18	19
French Toast or Cereal	Chocolate Chip Muffin or Cereal	Pancake & Sausage on a Stick or Cereal	Sausage Biscuit or Cereal	Yogurt & Granola or Cereal
Grilled Burrito	Pepperoni Pizza	Cheesy Chicken Casserole	Fajita Bar	Chicken Patty Sandwich
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
22	23	24	25	26
Breakfast Burrito or Cereal	Banana Bread or Cereal	Breakfast Pizza or Cereal	Ham & Cheese Biscuit or Cereal	Mini Bagels or Cereal
Macaroni & Cheese w/ Whole Grain Roll	Mini Cheeseburger Sliders	BBQ Rib Patty Sandwich	California Thursday Chili Bar w/ Corn Bread Muffin	Chicken Nuggets & Seasoned Wedges
Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit
29	30	31		
NO SCHOOL memorial DAY	Chocolate Chip Muffin or Cereal	Sunrise Sandwich or Cereal	Harvest of the Month Network for a Healthy California	
	Corndogs	Classic Hamburger		
	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit	Vegetable: Fresh Vegetables or Salad Bar Fruit: Seasonal Fruit		

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

Del Norte Nutrition Services = Delicious and Nutritious Ensuring student success everyday with quality school meals.

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