

PEAS



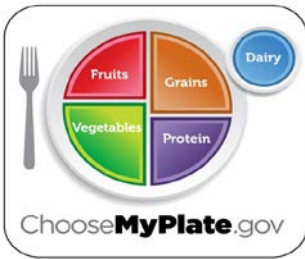
Garden Bar offerings may include:

- Leafy Greens
- Tomatoes
- Carrots
- Cucumbers
- Broccoli
- Garbanzo & Kidney Beans
- A Variety of Fruit
- Whole Grain Crackers and more!

Some of these choices may come from our local farmers.

ALLERGY ALERT!
The Nutrition Services Department uses peanut products. Food from this Department may come in contact with nut products.

For tips, information & more, visit:



from subject to change without notice.
Our District is always working hard to improve student nutrition and wellness.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
<p>take the SCHOOL BREAKFAST Challenge</p> <p>#SchoolBreakfastChallenge</p>				Sausage & Cheese on English Muffin		Ham & Cheese Muffin		Sausage & Cheese on English Muffin	
				BBQ Rib Sandwich Corn Dog Chicken Nuggets		Meatloaf Muffin, Mashed Potatoes w/ Cornbread Muffin Classic Burger Galaxy Pepperoni Pizza		Bread Sticks w/ Marinara Chicken Sandwich	
				Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar	
				Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit	
6		7		8		9		10	
National School Breakfast Week March 6-10									
Cheese Omelet		French Toast		Sausage & Cheese on English Muffin		Ham & Cheese Muffin		Sausage & Cheese on English Muffin	
MINI DAY Smuckers PB&J		BBQ Pulled Pork Sandwich Chicken Sandwich Mini Cheeseburgers		Corn Dog Chicken Nuggets		Chili Cheese Fries Classic Burger Galaxy Pepperoni Pizza		Fish Sticks Chicken Sandwich	
Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar	
Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit	
13		14		15		16		17	
Cheese Omelet		French Toast		Sausage & Cheese on English Muffin		Ham & Cheese Muffin		Sausage & Cheese on English Muffin	
Whole Grain Mac & Cheese w/ Steamed Broccoli Burrito Galaxy Cheese Pizza		Chicken Salad Sandwich Chicken Sandwich Mini Cheeseburgers		BBQ Pulled Pork Corn Dog Chicken Nuggets		Spaghetti w/ Corn Classic Burger Galaxy Pepperoni Pizza		Vegetable Stir Fry w/ Egg Roll Chicken Sandwich	
Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar	
Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit	
20		21		22		23		24	
Cheese Omelet		French Toast		Sausage & Cheese on English Muffin		Ham & Cheese Muffin		Sausage & Cheese on English Muffin	
Bread Sticks w/ Marinara Burrito Galaxy Cheese Pizza		Chili w/ Corn Bread Chicken Sandwich Mini Cheeseburgers		Popcorn Chicken Corn Dog Chicken Nuggets		Pork Roast, Mashed Potatoes w/ Gravy Classic Burger Galaxy Pepperoni Pizza		Beef Stroganoff Chicken Sandwich	
Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar	
Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit	
27		28		29		30		31	
		French Toast		Sausage & Cheese on English Muffin		Ham & Cheese Muffin		Sausage & Cheese on English Muffin	
No School		HumFresh Burrito Chicken Sandwich Mini Cheeseburgers		BBQ Rib Sandwich Corn Dog Chicken Nuggets		CALIFORNIA THURSDAY Chicken Fajita, Beans & Corn Classic Burger Galaxy Pepperoni Pizza		Bread Sticks w/Marinara Chicken Sandwich	
		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar		Vegetable: Fresh Vegetables or Salad Bar	
		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit		Fruit: Seasonal Fruit	

Our Goal! To enhance the diet and health of school children, help mitigate the childhood obesity trend, and support learning by promoting healthy habits that will last a lifetime!

**Del Norte Nutrition Services = Delicious and Nutritious
Ensuring student success everyday with quality school meals.**