



ALVORD  
NUTRITION  
SERVICES

# November 2021

## La Granada South & Stokoe Breakfast & Lunch Menu

Monday		Tuesday		Wednesday		Thursday		Friday						
1	Mini Gems Assorted Cereals Belly Bears	2	Pancake Minis Assorted Cereal String Cheese Belly Bear	3	Danimal Yogurt Assorted Cereal Belly Bear Crackers	4	Apple Bites Assorted Cereal String Cheese	5	Bagel & Cream Cheese Assorted Cereal Apple Sauce Cup Belly Bears Crackers					
Grilled Cheese Sandwich Green Beans		Bean & Cheese Burrito Corn Shredded Romaine		Chicken Nuggets BBQ Beans Belly Bear Crackers		Hamburger on a Bun Cooked Carrots		Pepperoni Pizza Sliders Mixed Veggies Salad Frozen Fruit Cup						
8	Breakfast Bun Assorted Cereal String Cheese Applesauce	9	Turkey Sausage, Egg & Cheese Wrap Assorted Cereal Belly Bear	10	Pan Dulce Assorted Cereal String Cheese			12	Danimal Yogurt Assorted Cereal Belly Bear Crackers					
Cheese Pizza Wedge Cooked Carrots Green Beans		Taco Snack Refried Beans		Turkey Ham & Cheese Sandwich Cucumber Coins & Tajin				12	Mac & Cheese Cooked Carrots Salad					
15	Egg & Cheese Burrito Hash Brown Rounds Belly Bears	16	Chocolate Crescent Assorted Cereal String Cheese	17	Danimal Yogurt Assorted Cereal Belly Bear Crackers	18	Sausage Biscuit Assorted Cereal Belly Bear Crakers	19	Mini Cinnamon Bagel Assorted Cereal Belly Bears					
Spaghetti Green Beans Cooked Carrots		Turkey Taco Refried Beans Salad & Cheese Cup		Cheeseburger Sliders Seasoned Potato Wedges		Holiday Turkey & Gravy Mashed Potatoes Dinner Roll		Turkey Sandwich Cooked Carrots						
22			23			24			25			26		
29	Mini Gems Assorted Cereals Belly Bears	30	Pancake Minis Assorted Cereal String Cheese Belly Bear											
Grilled Cheese Sandwich Green Beans		Bean & Cheese Burrito Corn Shredded Romaine												

Elementary Meal are free to all  
Students

All Grains Offered  
Are Whole Grain Rich

Menu Subject to Change

Assorted milk served with  
breakfast & lunch  
(chocolate non-fat or 1%).  
Fruit option offered daily.

This institution is an equal  
opportunity provider.

We are proud to offer  
local and regional products  
in our school menus.