




May 2018

After School Program Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Ranch Chicken Salad Wrap 100% Juice ----- Ranch Chicken Salad Whole Grain Tortilla Shredded Carrots Celery Sticks	2 Ham & Cheese Sandwich 100% Juice ----- Sliced Ham Swiss Cheese Wheat Bread Baby Carrots Mayo & Mustard	3 Buffalo Chicken Salad Wrap 100% Juice ----- Buffalo Chicken Salad Whole Grain Tortilla Baby Carrots	4 Turkey & Cheese Sandwich 100% Juice ----- Sliced Turkey Swiss Cheese Wheat Bread Baby Carrots Mayo & Mustard
7 Asian Salad ----- Hard Boiled Egg Romaine Lettuce Shredded Red Cabbage & Shredded Carrots Sesame Dressing Whole Wheat Crackers	8 Trail Mix & Cheese Plate ----- Trail Mix Sunflower Seeds Raisins Cranberries String Cheese Bear Grahams Baby Carrots	9 BBQ Chicken Salad Slider 100% Juice ----- BBQ Chicken Salad Whole Grain Roll Baby Carrots	10 Italian Deli Sandwich 100% Juice ----- Salami & Pepperoni Cheese Wheat Hamburger Bun Baby Carrots Mayo & Mustard	11 Cheese & Veggie Plate 100% Juice ----- Cheddar Cheese Cubes Bear Grahams Baby Carrots
14 Caesar Chicken Salad 100% Juice ----- Chicken Romaine Lettuce Caesar Dressing Whole Wheat Crackers	15 Buffalo Chicken Salad Wrap 100% Juice ----- Buffalo Chicken Salad Whole Grain Tortilla Baby Carrots	16 Turkey & Cheese Sandwich 100% Juice ----- Sliced Turkey Swiss Cheese Wheat Bread Baby Carrots Mayo & Mustard	17 Trail Mix & Cheese Plate ----- Trail Mix Sunflower Seeds Raisins Cranberries String Cheese Bear Grahams Baby Carrots	18 BBQ Chicken Salad Slider 100% Juice ----- BBQ Chicken Salad Whole Grain Roll Baby Carrots
21 Chef Salad W/Dressing ----- Hard Boiled Egg Shredded Cheese Romaine Lettuce Cherry Tomatoes Shredded Carrots Whole Wheat Crackers Ranch Dressing	22 Italian Deli Sandwich 100% Juice ----- Salami & Pepperoni Cheese Wheat Hamburger Bun Baby Carrots Mayo & Mustard	23 Cheese & Veggie Plate 100% Juice ----- Cheddar Cheese Cubes Bear Grahams Baby Carrots	24 Asian Salad ----- Hard Boiled Egg Romaine Lettuce Shredded Red Cabbage & Shredded Carrots Sesame Dressing Whole Wheat Crackers	25 Ranch Chicken Salad Wrap 100% Juice ----- Ranch Chicken Salad Whole Grain Tortilla Shredded Carrots Celery Sticks
28 	29 Ham & Cheese Sandwich 100% Juice ----- Sliced Ham Swiss Cheese Wheat Bread Baby Carrots Mayo & Mustard	30 Buffalo Chicken Salad Wrap 100% Juice ----- Buffalo Chicken Salad Whole Grain Tortilla Baby Carrots	31 Turkey & Cheese Sandwich 100% Juice ----- Sliced Turkey Swiss Cheese Wheat Bread Baby Carrots Mayo & Mustard	



All Grains Offered
Are Whole Grain Rich

Menu subject
to change



This institution is an equal opportunity provider.