



# Middle & High School Breakfast Menu

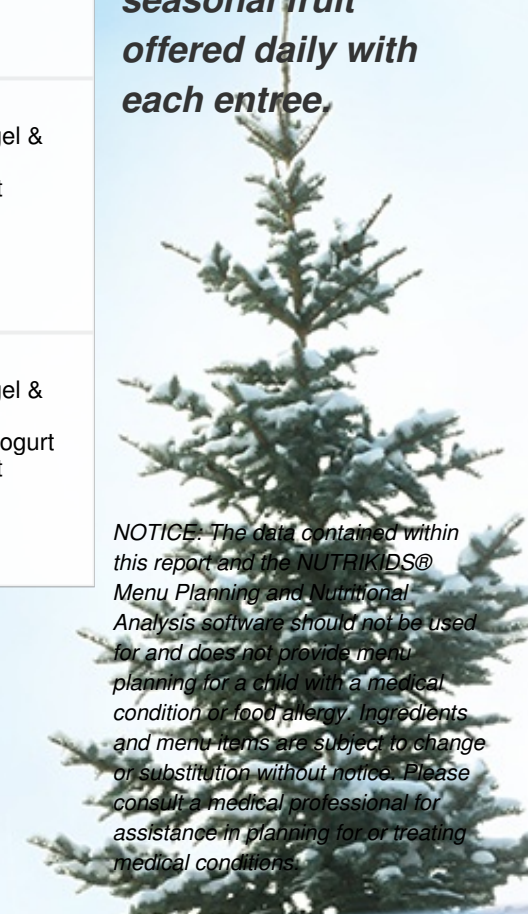


Fruit Nutritionals



Milk Nutritionals

**Milk and fresh seasonal fruit offered daily with each entree.**



*NOTICE: The data contained within this report and the NUTRIKIDS@ Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Start your Day with a Healthy Breakfast</p> 	<p>2 Breakfast Meal Price \$1.75 Lunch Meal Price: \$3.50 1%, Non-Fat and Non-Fat Chocolate Milk offered daily \$0.50</p> <p>Breakfast 100% Fruit Juice Nutrition-Offered Monday &amp; Wednesday</p>	<p>3</p>	<p>4</p> 	<p>5</p> 
<p>8 Pancakes &amp; Eggs Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Breakfast Bar &amp; Yogurt</p> 	<p>9 Breakfast Pizza Cereal &amp; Yogurt</p>	<p>10 Blueberry Breakfast Bar Assorted Yogurt Sunbutter Bagel &amp; Yogurt Cream Cheese Bagel &amp; Yogurt Cinnamon Toast Scrambled Eggs</p>	<p>11 Breakfast Burrito Breakfast Bar &amp; Yogurt Cereal &amp; Yogurt</p>	<p>12 French Toast Cream Cheese Bagel &amp; Yogurt</p>
<p>15 HOLIDAY- NO SCHOOL</p> 	<p>16 Breakfast Pizza Cereal &amp; Yogurt</p>	<p>17 Pumpkin Breakfast Bar Assorted Yogurt Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Cinnamon Toast Scrambled Eggs</p>	<p>18 Breakfast Burrito Breakfast Bar &amp; Yogurt Cereal &amp; Yogurt</p>	<p>19 French Toast Cream Cheese Bagel &amp; Yogurt Cereal &amp; Yogurt</p>
<p>22 Pancakes &amp; Eggs Cream Cheese Bagel &amp; Yogurt Breakfast Bar &amp; Yogurt</p> 	<p>23 Breakfast Pizza Cereal &amp; Yogurt</p>	<p>24 Banana Breakfast Muffin Assorted Yogurt Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Cinnamon Toast Scrambled Eggs</p>	<p>25 Breakfast Burrito Breakfast Bar &amp; Yogurt Cereal &amp; Yogurt</p>	<p>26 French Toast Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Cereal &amp; Yogurt</p>
<p>29 Pancakes &amp; Eggs Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Breakfast Bar &amp; Yogurt</p> 	<p>30 Breakfast Pizza Cereal &amp; Yogurt</p>	<p>31 Chocolate Beet Breakfast Bar Cream Cheese Bagel &amp; Yogurt Sunbutter Bagel &amp; Yogurt Cinnamon Toast Scrambled Eggs</p>	<p>Middle &amp; High Schools Minimum Day Jan 25-26</p> <p>Visit <a href="http://www.ttusdhealthymeals.org">www.ttusdhealthymeals.org</a> Need to reach Food &amp; Nutrition Services? Please contact us at 530-582-2529 or email <a href="mailto:food@ttusd.org">food@ttusd.org</a></p>	

**This institution is an equal opportunity provider.**

Unexpected menu changes may occur due to availability and weather.