

# January



## Elementary Lunch Menu

Breakfast Meal Price \$1.75  
 Lunch Meal Price: \$3.25  
 Extra milk 1% or Non-fat White:  
 \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Fresh, Healthy and Good for You!</b> 	2 Salad Bar Options are offered <b>Wednesday, Thursday and Friday's</b> with each menu entree. Options may include fresh leafy greens, fresh vegetables, fruits, beans, cheese, and more.	3 (Empty)	4 	5 
Elementary Salad Bar Nutrition		100% Vegetable Juice Nutrition offered Tues & Fri		
8 Toasted Cheese Sandwich Sunbutter & Jelly Sandwich Chili & Lime Jicama 	9 Beef Tamales Fiesta Pinto Beans Pico de Gallo salsa Fruitables Gold Juice Fruitables Punch Juice Fruitables Tropical Juice	10 Whole Grain Chicken Tenders Dutch Waffle Roasted Broccoli Fresh Coleslaw  <b>Salad Bar</b>	11 French Bread Cheese Pizza French Bread Pepperoni Pizza  <b>Salad Bar</b>	12 Mandarin Orange Chicken Edamame Brown Rice Fruitables Gold Juice Fruitables Punch Juice Fruitables Tropical Juice  <b>Salad Bar</b>
15 HOLIDAY 	16 Tahoe Burger Tahoe Cheeseburger Baked Curly Fries Fruitables Punch Juice Fruitables Tropical Juice Fruitables Gold Juice	17 Popcorn Chicken Roasted Potatoes Broccoli Florettes Dinner Roll  <b>Salad Bar</b>	18 UNO'S Cheese Pizza UNO's Uncured Pepperoni Pizza  <b>Salad Bar</b>	19 HOT Turkey & Cheese Sandwich Baked Potato Tots Fresh Coleslaw Fruitables Punch Juice Fruitables Tropical Juice Fruitables Gold Juice  <b>Salad Bar</b>
22 Spaghetti Dinner Roll Romaine Salad With Ranch 	23 Beef Tamales Fiesta Pinto Beans Pico de Gallo salsa Fruitables Gold Juice Fruitables Punch Juice Fruitables Tropical Juice	24 Whole Grain Chicken Tenders Dutch Waffle Roasted Broccoli Fresh Coleslaw  <b>Salad Bar</b>	25 Big Daddy Cheese Pizza Big Daddy Turkey Pepperoni Pizza  <b>Salad Bar</b>	26 Mandarin Orange Chicken Edamame Brown Rice Fruitables Gold Juice Fruitables Punch Juice Fruitables Tropical Juice  <b>Salad Bar</b>
29 Toasted Cheese Sandwich Sunbutter & Jelly Sandwich Chili & Lime Jicama 	30 Tahoe Burger Tahoe Cheeseburger Baked Curly Fries Fruitables Gold Juice Fruitables Punch Juice Fruitables Tropical Juice	31 Popcorn Chicken Roasted Potatoes Broccoli Florettes Dinner Roll  <b>Salad Bar</b>	Unexpected menu changes may occur due to availability and weather.	

**Milk and fresh seasonal fruit offered daily with each entree.**

Fruit Nutritionals



Milk Nutritionals



*NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

