

JANUARY

Elementary Breakfast Menu

Assorted seasonal fruit options daily include-
apples, mandarins, grapefruit, oranges, pears, kiwis and bananas.




Fruit Nutritional



Milk Nutritional



NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Milk and fresh seasonal fruit offered daily with each entree. Breakfast Meal Price \$1.75 Lunch Meal Price: \$3.25 Extra milk 1% or Non-fat White: \$0.50	2		3		4		5	Start your Day with a Healthy Breakfast 
Breakfast 100% Fruit Juice Nutrition-Offered Monday & Wednesday									
8	Cinnamon Toast Scrambled Eggs Breakfast Bar & Yogurt 	9	French Toast Sunbutter Bagel Cream Cheese Bagel Assorted Cereal & Yogurt	10	Blueberry Breakfast Bar Assorted Yogurt Cinnamon Toast Scrambled Eggs Assorted Cereal & Yogurt	11	Breakfast Burrito Cream Cheese Bagel Sunbutter Bagel	12	French Toast Cream Cheese Bagel Sunbutter Bagel
15	HOLIDAY 	16	Breakfast Pizza Assorted Cereal & Yogurt	17	Pumpkin Breakfast Bar Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel	18	Breakfast Burrito Breakfast Bar & Yogurt	19	French Toast Cream Cheese Bagel Sunbutter Bagel Assorted Cereal & Yogurt
22	Cinnamon Toast Scrambled Eggs Breakfast Bar & Yogurt 	23	Breakfast Pizza Assorted Cereal & Yogurt	24	Banana Breakfast Muffin Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel	25	Breakfast Burrito Breakfast Bar & Yogurt	26	French Toast Cream Cheese Bagel Sunbutter Bagel Assorted Cereal & Yogurt
29	Cinnamon Toast Scrambled Eggs Breakfast Bar & Yogurt 	30	Breakfast Pizza Assorted Cereal & Yogurt	31	Chocolate Beet Breakfast Bar Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel				