









December 2017

# Middle & High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Start your Day with a Healthy Breakfast</p> 	<p>Breakfast Meal Price \$1.75 Lunch Meal Price: \$3.50 1%, Non-Fat and Non-Fat Chocolate Milk offered daily \$0.50</p> <p>Breakfast 100% Fruit Juice Nutrition-Offered Monday &amp; Wednesday</p>			<p>1 Eggs, Turkey Sausage and Toast Cereal &amp; Yogurt</p>
<p>4 Dutch Waffle Scrambled Eggs Assorted Yogurt Cream Cheese Bagel UBR Bars</p> 	<p>5 French Toast Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel Assorted WG Cereal</p>	<p>6 Blueberry Breakfast Bar Scrambled Eggs Cinnamon Toast Assorted Yogurt Cream Cheese Bagel</p> <p>ALL SCHOOLS MINIMUM DAY</p>	<p>7 Breakfast Burrito Assorted Yogurt UBR Bars Assorted WG Cereal</p>	<p>8 Breakfast Pizza Assorted Yogurt Assorted WG Cereal</p>
<p>11 Dutch Waffle Scrambled Eggs Assorted Yogurt Cream Cheese Bagel UBR Bars</p> 	<p>12 French Toast Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel Assorted WG Cereal</p>	<p>13 Pumpkin Breakfast Bar Scrambled Eggs Cinnamon Toast Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel</p>	<p>14 Breakfast Burrito Assorted Yogurt UBR Bars Assorted WG Cereal</p>	<p>15 Breakfast Pizza Assorted Yogurt Assorted WG Cereal</p>
<p>18 Dutch Waffle Scrambled Eggs Assorted Yogurt Cream Cheese Bagel UBR Bars</p> 	<p>19 French Toast Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel Assorted WG Cereal</p>	<p>20 Chocolate Beet Bar Scrambled Eggs Cinnamon Toast Assorted Yogurt Cream Cheese Bagel Sunbutter Bagel</p>	<p>21 Breakfast Burrito Assorted Yogurt UBR Bars Assorted WG Cereal</p>	
<p>25</p> 	<p>26 <b>Winter Break December 22, 2017 - January 5, 2018</b></p>			<p>29</p> 



Fruit Nutritional



Milk Nutritional

**Milk and fresh seasonal fruit offered daily with each entree.**

Visit [www.ttusdhealthymeals.org](http://www.ttusdhealthymeals.org)  
Need to reach Food & Nutrition Services?  
Please contact us at 530-582-2529 or email [food@ttusd.org](mailto:food@ttusd.org)

*NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions*