



Breakfast Meal Price \$1.75  
 Lunch Meal Price: \$3.25  
 Extra milk 1% or Non-fat White:  
 \$0.50



**Milk and fresh seasonal fruit offered daily with each entree.**

Fruit Nutritionals



Milk Nutritionals



*NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*



## Elementary Lunch Menu

December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Fresh, Healthy and Good for You!</b></p> <p>Join us at the Salad Bar</p>	<p><b>Elementary Salad Bar Nutrition</b></p> <p>Salad Bar Options are offered <b>Wednesday, Thursday and Friday's</b> with each menu entree. Options may include fresh leafy greens, fresh vegetables, fruits, beans, cheese, and more.</p> <p><b>100% Vegetable Juice Nutrition offered Tues &amp; Fri</b></p>	<p><b>NEW PIZZA TEST ALERT!</b></p> <p>New pizza's will be tested weekly during December. Whole grain French bread cheese &amp; pepperoni pizza's and Big Daddy's cheese &amp; pepperoni pizza's.</p>		<p><sup>1</sup> Dutch Waffle          Whole Grain Chicken Tenders          Fresh Coleslaw</p> <p><b>Salad Bar</b></p>
<p><sup>4</sup> Tomato Basil Soup          Toasted Cheese Sandwich          Chili &amp; Lime Jicama</p> <p><b>MEATLESS MONDAY</b></p>	<p><sup>5</sup> Beef Tamales          Garbanzo Bean Salad</p>	<p><sup>6</sup> HOT Turkey &amp; Cheese Sandwich</p> <p><b>Salad Bar</b>          All Schools Minimum Day</p>	<p><sup>7</sup> UNO'S Cheese Pizza          UNO's Uncured Pepperoni Pizza</p> <p><b>Salad Bar</b></p>	<p><sup>8</sup> Chicken Sub          Oven baked fries</p> <p><b>Salad Bar</b></p>
<p><sup>11</sup> Burrito Bowl          Chili &amp; Lime Jicama          Apple Crisp</p> <p><b>MEATLESS MONDAY</b></p>	<p><sup>12</sup> Beef Tacos          Tortilla Chips          Whole Grain Tortillas          Garbanzo Bean Salad</p>	<p><sup>13</sup> WG Corn Dog          Baked Waffle Cut Fries</p> <p><b>Salad Bar</b></p>	<p><sup>14</sup> UNO'S Cheese Pizza          UNO's Uncured Pepperoni Pizza</p> <p><b>Salad Bar</b></p>	<p><sup>15</sup> Spaghetti &amp; Meatballs          Dinner Roll</p> <p><b>Salad Bar</b></p>
<p><sup>18</sup> Tomato Basil Soup          Toasted Cheese Sandwich          Chili &amp; Lime Jicama</p> <p><b>MEATLESS MONDAY</b></p>	<p><sup>19</sup> Beef Tamales          Garbanzo Bean Salad</p>	<p><sup>20</sup> Tahoe Cheeseburger          Baked Waffle Cut Fries</p> <p><b>Salad Bar</b></p>	<p><sup>21</sup> UNO'S Cheese Pizza          UNO's Uncured Pepperoni Pizza          Cheese Stick</p> <p><b>Salad Bar</b></p>	
<p><sup>25</sup></p>	<p><sup>26</sup></p>	<p><sup>27</sup></p>	<p><sup>28</sup></p>	<p><sup>29</sup></p>
<p><b>Winter Break December 22, 2017 - January 5, 2018</b></p>				

*Unexpected menu changes may occur due to availability and weather.  
 This institution is an equal opportunity provider.*