

December 2017

Elementary Breakfast Menu

Start your Day with a Healthy Breakfast

All School Breakfasts include FRUIT!



Milk Nutritionals



Fruit Nutritionals

Assorted seasonal fruit options daily include- apples, tangerines, oranges, kiwis and bananas.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Monday Tuesday Wednesday Thursday Friday

Milk and fresh seasonal fruit offered daily with each entree.

Breakfast Meal Price \$1.75

Lunch Meal Price: \$3.25

Extra milk 1% or Non-fat White: \$0.50



Breakfast 100% Fruit Juice Nutrition-Offered Monday & Wednesday

4 Cinnamon Toast
Scrambled Eggs
Assorted Yogurt
UBR Bars

5 French Toast
Cream Cheese Bagel
Sunbutter Bagel
Assorted Yogurt
Assorted WG Cereal

6 Blueberry Breakfast Bar
Assorted Yogurt
Cream Cheese Bagel
Sunbutter Bagel

7 Breakfast Burrito
Assorted Yogurt
UBR Bars

8 Breakfast Pizza
Assorted Yogurt
Assorted WG Cereal

All Schools Minimum Day

11 Cinnamon Toast
Scrambled Eggs
Assorted Yogurt
UBR Bars

12 French Toast
Cream Cheese Bagel
Sunbutter Bagel
Assorted Yogurt
Assorted WG Cereal

13 Pumpkin Breakfast Bar
Assorted Yogurt
Cream Cheese Bagel
Sunbutter Bagel

14 Breakfast Burrito
Assorted Yogurt
UBR Bars

15 Breakfast Pizza
Assorted Yogurt
Assorted WG Cereal

18 Cinnamon Toast
Scrambled Eggs
Assorted Yogurt
UBR Bars

19 French Toast
Cream Cheese Bagel
Sunbutter Bagel
Assorted Yogurt
Assorted WG Cereal

20 Chocolate Beet Bar
Assorted Yogurt
Cream Cheese Bagel
Sunbutter Bagel

21 Breakfast Burrito
Assorted Yogurt
UBR Bars



Winter Break December 22, 2017 - January 5, 2018

