




September 2017

Middle & High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Meal Price \$1.75 Lunch Meal Price: \$3.50 1%, Non-Fat and Non-Fat Chocolate Milk offered daily \$0.50 Milk and fresh seasonal fruit offered daily with each entree.		 Milk Nutritionals	 Fruit Nutritionals	1 Breakfast Sandwich Cereal & Yogurt
4 HOLIDAY-NO SCHOOL 	5 French Toast Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	6 WG Chocolate Beet Bar Assorted Yogurt Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cinnamon Toast Scrambled Eggs	7 Breakfast Burrito Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	8 Breakfast Sandwich Cereal & Yogurt
11 WG Pancakes Applesauce Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Breakfast Bar & Yogurt	12 French Toast Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	13 WG Banana Bar Assorted Yogurt Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cinnamon Toast Scrambled Eggs ALL SCHOOLS MINIMUM DAY	14 Breakfast Burrito Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	15 Breakfast Sandwich Cereal & Yogurt
18 WG Pancakes Applesauce Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Breakfast Bar & Yogurt	19 French Toast Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	20 WG Blueberry Bar WG Chocolate Beet Bar Assorted Yogurt Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cinnamon Toast Scrambled Eggs	21 Breakfast Burrito Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	22 Breakfast Sandwich Cereal & Yogurt
25 WG Pancakes Applesauce Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Breakfast Bar & Yogurt	26 French Toast Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	27 WG Apple Spice Bar Assorted Yogurt Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cinnamon Toast Scrambled Eggs	28 Breakfast Burrito Cream Cheese Bagel & Yogurt Sunbutter Bagel & Yogurt Cereal & Yogurt	29 Breakfast Sandwich Cereal & Yogurt

Unexpected menu changes may occur due to availability and weather.

This institution is an equal opportunity provider.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not

provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Visit www.ttusdhealthymeals.org
 Need to reach Food & Nutrition Services?
 Please contact us at 530-582-2529 or email food@ttusd.org