POWAY UNIFIED SCHOOL DISTRICT

Grab & Go Breakfast – January 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit:				
★Fresh Apple	★ Orange Juice or Frozen Fruit Cup	★Fresh Orange	★ Applesauce/Sliced Apples or Raisins	★Fresh Apple
Breakfast Entrée:				
★★Banana Bread	★Cereal and ★Grahams	★ ★Blueberry Muffin Top	★★Bagel with Cream Cheese	★★Cinnamon Roll
Select 1 Milk:				
★Low Fat White Milk	★Low Fat White Milk	★Low Fat White Milk	★Low Fat White Milk	★Low Fat White Milk
★Fat Free Choc. Milk	★Fat Free Choc. Milk	★Fat Free Choc. Milk	★Fat Free Choc. Milk	★Fat Free Choc. Milk

Menu subject to change without notice. This institution is an equal opportunity provider.