

POWAY UNIFIED SCHOOL DISTRICT

**Grab & Go Breakfast – October 2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Fruit:</b>				
★ Applesauce Cup	★ Raisins	★ Applesauce Cup	★ Craisins	★ Applesauce Cup
<b>Breakfast Entrée:</b>				
★★ Banana Bread	★ Cereal and ★ Grahams	★★ Blueberry Muffin Top	★★ Bagel with Cream Cheese	★★ Cinnamon Roll
<b>Select 1 Milk:</b>				
★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk