

POWAY UNIFIED SCHOOL DISTRICT

Grab & Go Breakfast – September 2020

Every breakfast needs at least 3 stars, and at least one must be a **fruit**. ★★

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Select 1 or 2 fruits:				
★ Applesauce Cup	★ Applesauce Cup	★ Applesauce Cup	★ Applesauce Cup	★ Applesauce Cup
Select 1 breakfast entree:				
★★ Banana Bread	★ Cereal and ★ Grahams	★★ Blueberry Muffin Top	★★ Bagel with Cream Cheese	★★ Cinnamon Roll
Select 1 milk:				
★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk	★ Low Fat White Milk ★ Fat Free Choc. Milk