



PAY FOR MEALS ONLINE
 MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

**Cold Entrée Available
 Every Day:**
 Yogurt, Cheese, &
 Crackers*



Cheeseburger
 Green Peas
 Applesauce
 Milk

4

**Homestyle Chicken
 Drumstick**
 Baby Carrots
 Mixed Fruit
 Milk

5

Pasta with Meatballs
 Green Beans
 Banana
 Milk

6

**Brunch 4 Lunch:
 French Toast & Sausage**
 Edamame
 Sliced Peaches
 Milk

7

Bean & Cheese Burrito*
 Corn Kernels
 Blood Orange Wedges
 Milk

1

**Grilled Cheese
 Sandwich***
 Green Peas
 Applesauce
 Milk

11

Macaroni & Cheese*
 Baby Carrots
 Mixed Fruit
 Milk

12

**Salisbury Steak &
 Gravy with Noodles**
 Green Beans
 Banana
 Milk

13

Chicken Nuggets
 Edamame
 Sliced Peaches
 Milk

14

**Stuffed Crust Cheese
 Pizza Wedge***
 Corn Kernels
 Blood Orange Wedges
 Milk

15

**Galaxy Personal
 Cheese Pizza**
 Green Peas
 Applesauce
 Milk

18

**Cheesy Bean
 Nachos*^{GF}**
 Baby Carrots
 Mixed Fruit
 Milk

19

**Homestyle Chicken
 Drumstick**
 Green Beans
 Banana
 Milk

20

**Teriyaki Chicken
 with Rice**
 Edamame
 Sliced Peaches
 Milk

21

Bean & Cheese Burrito*
 Corn Kernels
 Blood Orange Wedges
 Milk

22

**Cheesy Breadsticks with
 Marinara Dipping Sauce***
 Green Peas
 Applesauce
 Milk

25

**Homestyle Chicken
 Drumstick**
 Baby Carrots
 Mixed Fruit
 Milk

26

Pasta with Meatballs
 Green Beans
 Banana
 Milk

27

**Brunch 4 Lunch:
 French Toast & Sausage**
 Edamame
 Sliced Peaches
 Milk

28

Mini Corn Dogs
 Corn Kernels
 Blood Orange Wedges
 Milk

29

For information about Poway Unified School District meals, such as nutrition details, allergens, featured local produce, and more, visit powayusdnutrition.com. Remember to re-apply for free and reduced-price meal benefits each school year. To apply online, visit myschoolapps.com.

*Indicates meatless entrees.
 Indicates gluten free entrees.