

JUNE 2018

Elementary School Lunch Menu

Lunch Meal Price \$3.00
 Reduced Price \$0.40
 A La Carte Beverage \$0.75

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
 MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



* Meatless entrees are marked with an asterisk.
 At least two meatless entrees are offered daily.

4
 Cheesy Breadsticks*
 with Marinara Sauce
 Breaded Chicken Sandwich
 Grilled Cheese Sandwich*
 Yogurt, Cheese, & Crackers*

5
 Crispy Turkey Taco
 Chicken Drumstick
 Bean & Cheese Burrito*
 Yogurt and Cheez-Its*
Graham Crackers

6
 Pasta with Meat Sauce
 and Garlic Toast
 Chicken Corn Dog
 Grilled Cheese Sandwich*
 Yogurt, Cheese, & Crackers*

7
 Teriyaki Beef with Rice
 Chicken Nuggets
 Entrée Salad with Cheese*
 Yogurt and Cheez-Its*

8
 Cheese Pizza Slice*
 Pepperoni Pizza Slice
 Bean & Cheese Burrito*
 Yogurt, Cheese, & Crackers*
**Cupcakes for Students with
 June & July Birthdays**

11
 Cheesy Breadsticks*
 with Marinara Sauce
 Mini Chicken Corn Dogs
 Grilled Cheese Sandwich*
 Yogurt, Cheese, & Crackers*

12
 Chicken Nuggets
 Macaroni & Cheese*
 Bean & Cheese Burrito*
 Yogurt and Cheez-Its*

13
 French Toast and Sausage
 Chicken Corn Dog
 Grilled Cheese Sandwich*
 Yogurt, Cheese, & Crackers*

14
 Cheese Pizza Slice*
 Pepperoni Pizza Slice
 Bean & Cheese Burrito*
 Yogurt, Cheese, & Crackers*

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Poway Food and Nutrition wishes you a fun, safe, and healthy summer break! Summer is the perfect time to try new fruits at the peak of their season: sweet and tart cherries, juicy peaches and plums, and antioxidant-rich berries. Keep your mind and body fit all summer long, with at least 60 minutes of active play every day.

Remember that money left in your lunch account on the last day of school will still be there when you come back in August – even if you move to a different school in the district.

Applications for free and reduced-price meals for school year 2018-2019 become available July 1, 2018. To apply online for meal benefits, **visit myschoolapps.com starting July 1.**

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School lunch includes:

- Choice of Entrée** – Protein and Whole Grains
- Self-Serve Salad Bar** – Fruits and Vegetables, choose at least ½ cup
- Choice of Milk** – low fat white or fat free chocolate

Menu subject to change without notice.
 This institution is an equal opportunity provider.