


Monday

Tuesday

Wednesday

Thursday

Friday

 * Meatless entrees are marked with an asterisk.

Cheesy Breadsticks **4**
 with **Marinara Sauce***
 Baby Carrots
 Diced Mixed Fruit
 Milk

Homestyle **5**
Chicken Drumstick
 Corn Kernels
 Banana
 Milk

Pasta with Meat **6**
Sauce (Beef)
 Green Beans
 Orange Wedges
 Milk

Chicken Nuggets **7**
 Baby Carrots
 Watermelon
 Milk

Cheese Pizza* **8**
 Green Salad
 Sliced Apples
 Milk

Mini Corn Dogs (Chicken) **11**
 Baby Carrots
 Diced Mixed Fruit
 Milk

Macaroni & Cheese* **12**
 Corn Kernels
 Banana
 Milk

French Toast and **13**
Sausage (Chicken)
 Green Beans
 Orange Wedges
 Milk

Cheese Pizza* **14**
 Baby Carrots
 Fresh Fruit
 Milk



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Poway Food and Nutrition wishes you a fun, safe, and healthy summer break! Summer is the perfect time to try new fruits at the peak of their season: sweet and tart cherries, juicy peaches and plums, and antioxidant-rich berries. Keep your mind and body fit all summer long, with at least 60 minutes of active play every day.

Remember that money left in your lunch account on the last day of school will still be there when you come back in August – even if you move to a different school in the district.

Applications for free and reduced-price meals for school year 2018-2019 become available July 1, 2018. To apply online for meal benefits, **visit myschoolapps.com starting July 1.**

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**Cold entrée choice available every day:
 Yogurt, Cheese, and Crackers***

Menu subject to change without notice.
 This institution is an equal opportunity provider.