

Monday

2

Turkey Hot Dog & Pretzels
Fish Sticks & Pretzels
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

Tuesday

3

Haystack
Macaroni & Cheese*
Bean & Cheese Burrito*
Yogurt and Cheez-Its*

Wednesday

4

Hamburger
Cheese Tamale and Beans*
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

Thursday

5

Orange Chicken with Rice
Chicken Nuggets
Entrée Salad with Seeds*
Yogurt and Cheez-Its*

Friday

6

Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*

SPRING BREAK

9

SPRING BREAK

10

SPRING BREAK

11

SPRING BREAK

12

SPRING BREAK

13

16
Cheeseburger
Mini Chicken Corn Dogs
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

16

17
Cheesy Bean Nachos*
French Toast and Sausage
Bean & Cheese Burrito*
Yogurt and Cheez-Its*

17

18
Salisbury Steak with
Noodles & Garlic Toast
Barbecue Chicken Sandwich
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

18

19
Teriyaki Chicken with Rice
Chicken Nuggets
Entrée Salad with Egg*
Yogurt and Cheez-Its*

19

20
Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*

20

23
Cheesy Breadsticks*
Breaded Chicken Sandwich
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

23

24
Crispy Turkey Taco
Chicken Drumstick
Bean & Cheese Burrito*
Yogurt and Cheez-Its*
Graham Crackers

24

25
Pasta with Meat Sauce
and Garlic Toast
Chicken Corn Dog
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

25

26
Teriyaki Beef with Rice
Chicken Nuggets
Entrée Salad with Cheese*
Yogurt and Cheez-Its*

26

27
Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*

27

30
Turkey Hot Dog & Pretzels
Fish Sticks & Pretzels
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*
**Cupcakes for Students with
April Birthdays**

30



* Meatless entrees are marked with an asterisk. At least two meatless entrees are offered daily.

For information about Poway school meals, such as nutrition details, allergens, featured local produce, and more, visit:

www.powayusdnutrition.com

Menu items subject to change without notice. This institution is an equal opportunity provider.



School lunch includes:

Choice of Entrée – Protein and Whole Grains

Self-Serve Salad Bar – Fruits and Vegetables, choose at least ½ cup

Choice of Milk – low fat white or fat free chocolate

