

Monday

Tuesday

Wednesday

Thursday

Friday



* Meatless entrees are marked with an asterisk.

For information about Poway school meals, such as nutrition details, allergens, featured local produce, and more, visit:

www.powayusdnutrition.com

Cheesy Breadsticks with Marinara Sauce* **5**
Baby Carrots
Diced Mixed Fruit
Milk

Homestyle Chicken Drumstick **6**
Corn Kernels
Banana
Milk

Pasta with Meat Sauce **7**
Green Beans
Orange Wedges
Milk

Teriyaki Chicken with Rice **1**
Baby Carrots
Banana
Milk

Cheese Pizza* **2**
Green Salad
Sliced Apples
Milk

Chicken Nuggets **8**
Baby Carrots
Banana
Milk

Cheese Pizza* **9**
Green Salad
Sliced Apples
Milk

Fish Sticks **12**
Baby Carrots
Diced Mixed Fruit
Milk

Macaroni & Cheese* **13**
Corn Kernels
Banana
Milk

Hamburger **14**
Green Beans
Orange Wedges
Milk

Orange Chicken with Rice **15**
Baby Carrots
Banana
Milk

Cheese Pizza* **16**
Green Salad
Sliced Apples
Milk

Mini Corn Dogs **19**
Baby Carrots
Diced Mixed Fruit
Milk

Brunch for Lunch: French Toast & Sausage **20**
Corn Kernels
Banana
Milk

Grilled Cheese Sandwich* **21**
Green Beans
Orange Wedges
Milk

Chicken Nuggets **22**
Baby Carrots
Banana
Milk

Cheese Pizza* **23**
Green Salad
Sliced Apples
Milk

Cheesy Breadsticks with Marinara Sauce* **26**
Baby Carrots
Diced Mixed Fruit
Milk

Homestyle Chicken Drumstick **27**
Corn Kernels
Banana
Milk

Pasta with Meat Sauce **28**
Green Beans
Orange Wedges
Milk

Teriyaki Beef with Rice **29**
Baby Carrots
Banana
Milk

Cheese Pizza* **30**
Green Salad
Sliced Apples
Milk

Menu items subject to change without notice.
This institution is an equal opportunity provider.



**Cold entrée choice available every day:
Yogurt, Cheese, and Crackers***

