

# FEBRUARY 2018

## Elementary School Lunch Menu

Lunch Meal Price ..... \$3.00  
Reduced Price ..... \$0.40  
A La Carte Beverage ..... \$0.75

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
MySchoolBucks.com

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

For information about Poway school meals, such as nutrition details, allergens, featured local produce, and more, visit:

[www.powayusdnutrition.com](http://www.powayusdnutrition.com)

**5**  
Turkey Hot Dog & Pretzels  
Fish Sticks & Pretzels  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*

**6**  
Haystack  
Macaroni & Cheese\*  
Bean & Cheese Burrito\*  
Yogurt and Cheez-Its\*

**7**  
Hamburger  
Cheese Tamale and Beans\*  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*

**1**  
Teriyaki Beef with Rice  
Chicken Nuggets  
Entrée Salad with Cheese\*  
Yogurt and Cheez-Its\*

**2**  
**PROFESSIONAL GROWTH DAY**  
**NO SCHOOL**

**12**  
Cheeseburger  
Mini Chicken Corn Dogs  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*

**13**  
Cheesy Bean Nachos\*  
French Toast and Sausage  
Bean & Cheese Burrito\*  
Yogurt and Cheez-Its\*

**14**  
Salisbury Steak with Noodles & Garlic Toast  
Barbecue Chicken Sandwich  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*

**8**  
Orange Chicken with Rice  
Chicken Nuggets  
Entrée Salad with Seeds\*  
Yogurt and Cheez-Its\*

**9**  
Cheese Pizza\*  
Pepperoni Pizza  
Bean & Cheese Burrito\*  
Yogurt, Seeds, & Crackers\*

**19**  
**OBSERVANCE OF WASHINGTON'S BIRTHDAY**  
**NO SCHOOL**

**20**  
**DISTRICT RECESS**  
**NO SCHOOL**

**21**  
**DISTRICT RECESS**  
**NO SCHOOL**

**15**  
Teriyaki Chicken with Rice  
Chicken Nuggets  
Entrée Salad with Egg\*  
Yogurt and Cheez-Its\*

**16**  
Cheese Pizza\*  
Pepperoni Pizza  
Bean & Cheese Burrito\*  
Yogurt, Seeds, & Crackers\*


**26**  
Cheeseburger  
Mini Chicken Corn Dogs  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*

**27**  
Cheesy Bean Nachos\*  
French Toast and Sausage  
Bean & Cheese Burrito\*  
Yogurt and Cheez-Its\*

**28**  
Salisbury Steak, GarlicTst  
Barbecue Chicken Sandwich  
Grilled Cheese Sandwich\*  
Yogurt, Seeds, & Crackers\*  
**Cupcakes for Students with February Birthdays**

**22**  
**DISTRICT RECESS**  
**NO SCHOOL**

**23**  
**OBSERVANCE OF LINCOLN'S BIRTHDAY**  
**NO SCHOOL**

 \* Meatless entrees are marked with an asterisk. At least two meatless entrees are offered daily.

Menu items subject to change without notice.  
This institution is an equal opportunity provider.



**School lunch includes:**

**Choice of Entrée** – Protein and Whole Grains

**Self-Serve Salad Bar** – Fruits and Vegetables, choose at least ½ cup

**Choice of Milk** – low fat white or fat free chocolate

